

Annual Report

2022

LetUsHelpNow Foundation



அறம்செய்வோம் அறக்கட்டளை

letushelpnow.org

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அறம் செய்வோம்
அதை
இன்றே செய்வோம்
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Third Annual Report

About this third annual report



In our third annual report, we document and transparently share the impactful work undertaken by the LetUsHelpNow Foundation to improve the lives of children, elders, and special needs people in Sri Lanka through care homes, community networks and agencies. We are grateful to our donors, volunteers and collaborators for making our work possible. Thank you.

முன்றாவது ஆண்டறிக்கை பற்றி



முன்றாவது ஆண்டறிக்கை, இலங்கையில் உள்ள காப்பகங்கள், வலையமைப்புக்கள், சமூக சேவை நிறுவனங்கள் ஊடாக சிறுவர்கள், விசேட தேவையுள்ளோர் மற்றும் மூத்தோர்கள் வாழ்வில் அறம் செய்வோம் அறக்கட்டளை ஏற்படுத்திய முன்னேற்றங்களை ஆவணப்படுத்தி, வெளிப்படையாகப் பகிர்கிறது. இந்தப் பணியில் எம்மோடு கைகோத்து நிற்கும் புரவலர்கள், தன்னார்வலர்கள், கூட்டுச் செயற்பாட்டாளர்களுக்கு நெஞ்சார்ந்த நன்றிகள்.

July 7, 2023

எம்மைப்.பற்றி

அறம் செய்வோம் அறக்கட்டளை

உத்வேகம்

விளைவுகள் இன்னமும் தமிழர் தாயகத்தில் வியாபித்து காணப்படுகிறது. வடக்கு கிழக்கு மற்றும் மலையகத்தில் பல காப்பகங்கள் சிறுவர் மூத்தோர் மற்றும் விசேட தேவையுள்ளோரை பராமரித்த வண்ணமுள்ளது. இயற்கை அனர்த்தங்களும் சமூக பொருளாதார காரணிகளும் இவை தொடர்ந்து இருப்பதற்கான தேவையை உண்டாக்குகின்றன. இவையனைத்தும் பொது மக்களின், பொது அமைப்புக்களின் நன்கொடைகளிலேயே தங்கியுள்ளன. ஆனாலும், காப்பகங்கள் பற்றிய புரிதலும் அவற்றின் தேவைகள் பற்றிய அறிதலும் மிகக் குறைவாகவே காணப்படுகிறது.

இந்த இல்லங்களைப் பற்றிய விழிப்புணர்வை ஊட்டும் வண்ணம் அறம் செய்வோம், அதை இன்றே செய்வோம் என்ற குறிக்கோளுரையுடன் Let Us Help Now வினை நண்பர்கள் சிலர் சேர்ந்து 2018 இல் தொடங்கினார்கள். இந்த இல்லங்களைப் பற்றிய தகவல்களை இணையம் ஊடாக வழங்கி உதவ முன்வருபவர்களை நேரடியாக இல்லங்களுடன் தொடர்புகொள்ள வைப்பது முதன்மை நோக்கமாக அமைந்தது. மேலும், எம்மாலான சிறிய உதவிகளை நேரடியாக இல்லங்களுக்கு மாதாந்த செயற்திட்டங்கள் ஊடாக வழங்கி அங்கு வாழும் எம் உறவுகளின் வாழ்க்கைகளை மேம்படுத்தி வருகிறது.

அறம் செய்வோம் அறக்கட்டளை LetUsHelpNow Foundation (12031167) என்று, கனடாவில் பதிவுசெய்யப்பட்ட ஓர் இலாப நோக்கமற்ற தன்னார்வர் நிறுவனம் ஆகும். கனடா, ஆஸ்திரேலியா, ஐக்கிய இராச்சியம் மற்றும் இலங்கையில் இருந்து தன்னார்வப் பங்களிப்பாளர்களையும், இயக்குநர்களையும் அறம்செய்வோம் அறக்கட்டளை கொண்டுள்ளது. இந்தப் பணியில், நாம் அனைவரையும் கூட்டுச் செயலாற்ற, பங்களிக்க அன்புடன் அழைக்கிறோம்.

நோக்கங்கள்

- குழந்தைகள், மூத்தோர், சிறப்புத் தேவையுள்ளவர்களை பராமரிக்கும், அவர்களுக்கு சேவை வழங்கும் காப்பகங்கள், வலையமைப்புக்கள், சமூக சேவை நிறுவனங்கள் பற்றிய விழிப்புணர்வு ஊட்டுதல், தகவல்களைக் கொண்டு சேர்த்தல்.
- மாதாந்தச் செயற்திட்டங்கள் ஊடாக அந்த விழுப்புநிலை மக்களின் அன்றாட வாழ்வில் சிறிய முன்னேற்றங்களை ஏற்படுத்தல்.
- காப்பகங்கள், வலையமைப்புக்கள், சமூக சேவை நிறுவனங்கள், உள்ளூர் அரச அலுவலகங்கள், புலம்பெயர் அமைப்புக்களிடையே தொடர்புகளை ஊக்குவித்தல், எளிதாக்கல்.

About Us

LetUsHelpNow Foundation

Inspiration

More than a decade has passed since the end of war, yet the effects of the war persist throughout the Tamil homeland. Children, elders and special needs people are still at care homes in North, East and Upcountry. Natural disasters, economic and social determinants have entrenched the need for sustained support for those affected. The care homes, community networks and community services organizations depend on public donations for their operations. Yet, there is limited awareness and understanding about these organizations.

LetUsHelpNow began as an initiative to directly help and bring awareness to children, elderly and special needs care homes, community networks and agencies serving vulnerable people in North, East and Upcountry of Sri Lanka. It was started in July 2018 by a small group of volunteers in diaspora and in Sri Lanka.

LetUsHelpNow Foundation is a registered not-for-profit (12031167) organization in Canada, and has contributors and directors from Australia, United Kingdom, and Sri Lanka. We welcome collaborations and contributions from all.

Objectives

- Promote and bring awareness about organizations that provide shelter, food and care to children, the elderly and people with special needs.
- Provide direct assistance through monthly projects that improve the lives of the people served by care homes and community agencies.
- Facilitate connection among care homes, community agencies, diaspora and service organizations.

Our.Memories



Our.Memories

அறத்தின் மேல் கொண்ட அன்பால்
ஆதரவாய் எமையணைத்து பயணித்து - இன்று
நினைவுகளாய் எமை நீங்காமல் வாழும்
எம்முறவுகளின்
கனவுகளை மெய்ப்படச் செய்வோம்
அறம் செய்வோம்,
அதை
இன்றே செய்வோம்.

எம்மைப்.பற்றி

2022 ஒரு மீள்பார்வை

இலங்கையில் கோவிட்-19 தொற்றின் பின்னரான காலப்பகுதியில் தன்னர்வ தொண்டு நிறுவனங்களின் காப்பகங்கள் முன்னைய காலப்பகுதியை விட மேலும் புதிய சாவால்களை சந்தித்தன. குறிப்பாக உள்ளக நன்கொடையாளர்களின் நன்கொடைகளும், நாளாந்த உணவுக் கொடைகளும் பெருமளவில் குறைந்தே காணப்பட்டன. அதே நேரத்தில் காப்பக பயன்பெறுவோரின் எண்ணிக்கையும் கணிசமாக அதிகரித்து இருந்தது.

அறம் செய்வோம் அறக்கட்டளையினது 2022ம் மாதாந்த செயற்றிட்டங்கள் மூலம் வடக்கு கிழக்கு மற்றும் மலையக பகுதிகளை உள்ளடக்கிய 12 மாவட்டங்களிலுள்ள 52 காப்பகங்களையும், 4 வலையமைப்புக்களையும், தமிழ்நாட்டிலுள்ள ஈழத்தமிழர் ஒரு அகதி முகாமையும் சார்ந்த 2500+ சிறுவர்கள், மூத்தோர்கள், சிறப்புத் தேவையுள்ளவர்கள் பயன் பெற்றார்கள்.

15.5 மில்லியன் ரூபா பெறுமதியான அத்தியாவசிய செயற்றிட்டங்களை கனடா அவுஸ்திரேலியா மற்றும் பிரித்தானிய நன்கொடையாளர்களது தொடர்ச்சியான மாதாந்த சிறு நன்கொடைகள் மூலம் நிறைவு செய்யக்கூடியதாக இருந்தது. அதிலும் எமது நிர்வாகச்செலவாக 1 வீதத்திற்கு குறைவான நிதியே செலவு செய்யப்பட்டது. அதுவும் பண பரிமாற்றம் மற்றும் வங்கிச் செலவானவே இருந்தது. நன்கொடையாளர்களது 99 வீதமான நிதியும் பயனர்களுக்கு பயன்படும் விதமாவே உபயோகிக்கப்பட்டது. அறக்கட்டளையினது அனைத்து செயல் வினைகளும் தன்னார்வாளர்களின் ஒன்றிணைந்த முயற்சி ஆகும். அத்துடன் சர்வதேச நிதி நெருக்கடி நேரங்களிலும் நன்கொடையாளரின் நிதிப்பங்களிப்பு சீரானதாகவே இருந்தது.

2022ம் ஆண்டில்

- நிலைத்தன்மையை ஊக்குவிக்கும் திட்டங்களாக 25 வீட்டுத்தோட்டங்கள் கால்நடை வளர்ப்பு
- எழுக - மூலம் ஓசானம்-மட்டக்களப்புஇ ஓகான்- வவுனியா
- தமிழ்நாட்டு ஈழத்தமிழர் அகதிமுகாமாக பவாணிசாகர்- ஈரோட்டு இங்குள்ள மாணவர்களுக்கு பாடசாலைக்குபின்னரான வகுப்புக்கள்
- விசேட தேவையுள்ள சிறார்களுக்கான விளையாட்டு அறை, அடிப்படை தேவையான மலசல கூடங்கள் அமைத்து வழங்கல்

இந்த ஆண்டு மாதாந்த கூட்டங்கள் மாதத்தின் இரண்டாவது சனிக்கிழமைகளில் நடைபெற்று, திட்டங்கள் பற்றி கலந்தாலோசிக்கப்பட்டன. அத்துடன் ஆண்டுச்சந்திப்பும் ஆண்டு இறுதியில் நடைபெற்றது.

விளிம்புநிலை முகமறியா எம் தாயக உறவுகளின் வாழ்வில் சற்றேனும் ஒரு நேர்மையான ஒரு திருப்பத்தினை கொண்டு வருவதற்காக தொடர்ச்சியாக தன்னலமற்ற உதவிகளை வழங்கிவரும் நன்கொடையாளர்கள், புலத்திலே பணிகளை நிறைவேற்றிவரும் தொண்டர்கள், சமூக அக்கரையுள்ளவர்கள், காப்பக அறங்காவலர்கள், நிர்வாகிகள் அனைவருக்கும் எம் சிரம் தாழ்த்திய நன்றிகள்.

உங்களின் தன்னலமற்ற எண்ணங்களின் வெளிப்பாடே இந்த தொடர்பணிகள் ஆகும். இப்பணிகள் தொடர உங்கள் கைகளை இறுகப்பற்றிக்கொண்டு தொடர்ந்தும் பயணிக்கின்றோம்.

நன்றி

சுபகரன் பாலசுப்பிரமணியம்

About Us

2022 Year in Review

In 2022, in the aftermath of COVID-19, Sri Lanka experienced a deep economic and political crisis, culminating in the Aragalaya protests. The inflation increased several folds, and there was shortage of food, medicine, and other supplies. Donations to care homes significantly reduced, while, simultaneously, the number of people in care homes increased.

In 2022, the LetUsHelpNow Foundation's monthly projects assisted over 2500 children, elders, and people with special needs. These projects benefited 52 care homes and 4 support networks, covering 12 districts in the North, East, and Up Country. Furthermore, we assisted one Sri Lankan Tamil refugee camp in India. The total value of the projects completed in 2022 was 15.5 million Sri Lankan rupees. This was made possible by continuous small donations from our kind donors in Canada, Australia, the United Kingdom, and Sri Lanka.

Administrative expenses accounted for less than 1% of the total, covering money exchange and bank expenses. 99% of the donors' funds were used towards projects that benefited people in need. Despite the global economic crisis, our donors continued their support. Our work is made possible by the contributions of selfless volunteers and donors.

Some of the highlights of 2022 include:

- Supporting the establishment of home gardens and animal husbandry at 25 care homes
- Ezhuka, a capability-building project by the LetUsHelpNow Foundation. Through this initiative, we organize workshops and training sessions to enhance the capabilities of caregivers for children with special needs. We supported two multi-day workshops at Ozanam (Batticaloa) and ORHAN (Vavuniya).
- LetUsHelpNow is supporting a mentorship program at Bhavanisagar High School in Erode, located near the Bhavanisagar refugee camp, benefiting 350 students.
- Building and/or improving washrooms and playrooms to accommodate children with special needs.

This year, monthly meetings took place on the second Saturday of every month. The meetings are open to all. The discussions, review and feedback strengthen the projects' outcomes. The annual gathering for 2022 was held on December 10th.

Our heartfelt thanks to the socially conscious donors, volunteers, care home trustees, and administrators in Sri Lanka and in the diaspora for their kindness and support.

Thank you.

Subakaran Balasubramaniam

எமது.செயலாக்கம்

செயல் வடிவம்.

நேரடியாக உதவிகளை வழங்கும் செயற்பாட்டு மாதிரியை LetUsHelpNow முன்னிறுத்துகிறது. தகவல்களை வழங்கி, உதவு முன்வருபவர்களை இல்லங்களுடன் நேரடியாக தொடர்புகொள்ள நாம் ஊக்குவிக்கிறோம். மேலும், இல்லங்களின் தேவைகளை அறிந்து நேரடியாக மாதாந்த செயற்திட்டங்கள் ஊடாக உதவிகளை வழங்கி வருகிறோம். இந்த மாதாந்த செயற்திட்டங்கள் பின்வரும் படிநிலைகளைக் கொண்டுள்ளன: தேவையறிதல், நிதிசேகரித்தல், செயற்திட்டம் நடைமுறைப்படுத்தல், நிதி விபரம் மற்றும் வெளிப்படைத்தன்மை பேணல்.

தேவையறிதல்

அறம் செய்வோம் அறக்கட்டளையின் மாதாந்த செயற்திட்டங்களின் முதல் கட்டம் தேவையறிதல் ஆகும். இலங்கையிலுள்ள பராமரிப்பு இல்லங்கள், வலையமைப்புக்கள், சமூக சேவை நிறுவனங்களோடு நாம் வாட்ஸ்அப் குழுக்கள், நேரடி உரையாடல்கள், செயற்திட்ட கூட்டுச் செயற்பாடுகள் ஊடாக தொடர்ச்சியான தொடர்பில் இருக்கிறோம். தேவைப்படும் பொழுது தும் சந்திப்புக்கள் ஊடாகவும் ஒரு பிரதேசத்தில் உள்ள இல்லங்களின் தேவைகளை நாம் கேட்டறிகிறோம். மேலும், உள்ளூர் அரச அலுவலர்கள், தன்னார்வலர்களோடும் நாம் இணைந்து செயற்படுகிறோம். இத்தகைய உரையாடல்கள் ஊடாக முக்கிய தேவைகளை அடையாளம் காண்கிறோம்.

தேவைகளின் காரணங்களும் அவற்றிற்கான அண்ணளவான நிதித்தேவைகளும் கண்டறியப்படுகின்றது. உள்ளூர் அரச அலுவலர்கள், துறைசார் வல்லுனர்கள் உட்பட்ட பல தரப்பட்டவர்களில் உள்ளீடு பெறப்பட்டு செயற்திட்டம் பற்றிய விரிவான கலந்துரையாடல்களை எமது மாதாந்த சந்திப்பில் மேற்கொள்கிறோம். இந்த திறந்த சந்திப்பில் அனைவரையும் பங்கேற்க வரவேற்கிறோம். எமது நிதிவளம், தேவைகளின் அவசரத்தன்மைகள் இல்லங்களிலுள்ளவர்களின் எண்ணிக்கை, செயற்திட்டம் நிறைவேற்றப்படுவதற்கான சாத்தியக்கூறுகள் என்பவற்றிற்கு ஏற்ப மாதத்திற்கு ஒரு திட்டம் அல்லது ஒன்றுக்கு மேற்பட்ட திட்டங்கள் அனுமதி பெறுகின்றன.

நிதிசேகரித்தல்

மாதாந்த நன்கொடையாளர்களிடம் செயற்திட்டம் மற்றும் இல்லம் பற்றிய விபரங்கள் பகிரப்படுகிறது.

செயற்திட்டம் நடைமுறைப்படுத்தல்

இல்லங்களிடமிருந்து தேவைகளுக்கான பொருட்களை வாங்குவதற்கான ஆகக்குறைந்த இரண்டு விலைகோரல்கள் பெறப்பட்டு கலந்தாலோசித்து தெரிவு நடைபெறுகிறது.

உத்தேசிக்கப்பட்ட நிதியானது மாத இறுதிக்குள் மூன்று நாடுகளிலிருந்தும் சேகரிக்கப்பட்டு, இல்லங்களின் வாங்கிக்கணக்கிற்கு நேரடியாகவோ அல்லது இலங்கையிலுள்ள பொதுக் கணக்கிற்கோ அனுப்பப்படுகிறது. இலங்கையிலுள்ள பொது கணக்கில் வைப்பிலிடப்படும் நிதியானது, பின் இல்லங்களின் வாங்கிக்கணக்கிற்கு அனுப்பப்படுகிறது. இல்லங்கள் தேவையான பொருட்களை விலைமதிப்பு கோரப்பட்ட இடங்களிலிருந்து பெறப்பட்டு தேவைகளை நிவர்த்திசெய்கின்றன.

நிதி விபரம் மற்றும் வெளிப்படைத்தன்மை பேணல்

இல்லங்கள் தமக்கு வழங்கப்பட்ட நிதிக்கான பற்றுச்சீட்டு, பொருட்கள் கொள்வனவு செய்த பற்றுச்சீட்டுகள், கொள்வனவு செய்யப்பட்ட பொருட்களின் புகைப்படங்கள் மற்றும் அவை அனைத்தையும் குறிப்பிட்டு ஒருசிறு நன்றிக்கடிதம் என்பவற்றை வழங்குகின்றன.

இவை அனைத்தும் நன்கொடையாளர்களிடம் அவ்வப்போதே பகிரப்படுகின்றது. செயல் திட்ட நிறைவில் அனைத்து விபரங்களும் இணைத்தள செயல் திட்ட பக்கத்திலும் முகநூற் பக்கத்திலும் பகிரப்படுகிறது.

Our.Process

Action MODEL.

LetUsHelpNow advocates for a direct assistance community action model. We provide information about care homes that donors can directly engage with to donate and/or provide other support. Further, LetUsHelpNow undertakes targeted direct assistance through monthly projects to fulfill major urgent needs in care homes. Each project has the following life cycle: Needs Assessment, Project Planning, Fundraising, Project Delivery, and Finance and Transparency .



Needs Assessment

The first step of LetUsHelpNow's monthly project's life cycle is Need Assessment. We are in constant contact with care homes through our WhatsApp groups, direct conversations, and project collaborations. We hold periodic meetings with care homes as well. We collaborate with local government units and volunteers as well. Through these discussions, we identify priority needs.

LetUsHelpNow assesses the needs and the reasons for the requests. We determine the funding required as well as how the project can be delivered. The assessment includes direct communication with homes, input from local regulatory agencies, and input from our advisors and donors. Factors such as the number of beneficiaries, the urgency of the request, fit with our focus and capacities, are considered for deciding upon a project. These deliberations take place at our monthly meetings. All are welcome to attend these open meetings.

Fundraising

The project description and details of the homes are shared with our small group of monthly donors. The small donations are collected by country co-ordinators.

Project Delivery

Majority of projects involve purchase and delivery of materials. LetUsHelpNow requests minimum two quotations from the care homes. Further, it seeks out other input regarding selecting the supplier. The funds are directly sent to the homes bank accounts. Homes make the purchases and provide receipts, thank you letters and pictures.

In some cases, LetUsHelpNow volunteers assist with the purchase and delivery of the materials. Further, volunteers go to the homes to verify the delivery of the material

Finance and Transparency

Majority of projects involve purchase and delivery of materials. For each project, the homes provide request letters, quotations , the receipt for the donation, the receipts for the materials, the pictures of the materials and a thank you letter listing the materials. Further, donation and transaction details are documented. These are collected and published online at our website as well as other communication channels such as WhatsApp and Facebook.

consistent
Small actions * Lots of
people = BIG change

Our Work. In Numbers

2022 HIGHLIGHTS.

Beneficiaries

1,525

children and elders

Care Homes

56

children, elder & special needs
homes

Districts

11

in East, North & Upcountry

Donations

Rs **15.4M**

Donors

182

average monthly donors

Donor Countries

4

Canada, Australia,
United Kindom & Sri Lanka

Median Donation

25 CAD

Number of Projects

30

Volunteers

7

Our Impact

மாதாந்த திட்ட பார்வை

அறம் செய்வோம் அறக்கட்டளை தனது பணிகளை மாதாந்த செயற்திட்டங்கள் ஊடாக முதன்மையாக முன்னெடுக்கிறது. இந்தப் பணிகளை நாம் சிறுவர்கள், மூத்தோர், சிறப்புத் தேவையுள்ளவர்களுக்கு சேவையாற்றும் காப்பகங்கள், வலையமைப்புக்கள், சமூக சேவை நிறுவனங்களோடு இணைந்து மேற்கொள்கிறோம். மாதாந்தம், மலையகம், கிழக்கு, வடக்கு என்று சுழற்சி முறையில் செயற்திட்டங்கள் நிறைவேற்றப்படுகின்றன.

எமது செயற்பாடுகளை பின்வரும் பிரிவுகளாக அணுகலாம்: அவசரகால உதவி, அடிப்படைத் தேவைகள் உதவி, நூலகம்-கலைகள்-விளையாட்டுத் துறைகளை ஆதரித்தல், கல்வி மற்றும் திறன் மேம்பாடு, நிலைத்தன்மை ஊக்குவிப்பு மற்றும் அவசிய உட்கட்டமைப்பு மேம்பாடு.

2022 இல், 15.4 மில்லியன் இலங்கை ரூபா பெறுமதியான, 30 செயற்திட்டங்கள், 12 மாவட்டங்களில் நிறைவேற்றப்பட்டன. இவற்றின் ஊடாக 52 காப்பகங்களையும், 4 வலையமைப்புக்களையும், ஒரு அகதி முகாமையும் சார்ந்தவர்கள் என கிட்டத்தட்ட 1,500 பயனர்கள் பயன் பெற்றார்கள்.

பின்வரும் பக்கங்களில் நாம் பிரிவு வாரியாக விரிவான தகவல்களை உங்களோடு பகிர்கிறோம். மாதச் செயற்திட்டங்கள் தொடர்பான விபரங்களை எமது வலைத்தளத்திலும் பார்க்கலாம்.

Our Impact

Monthly Projects Overview

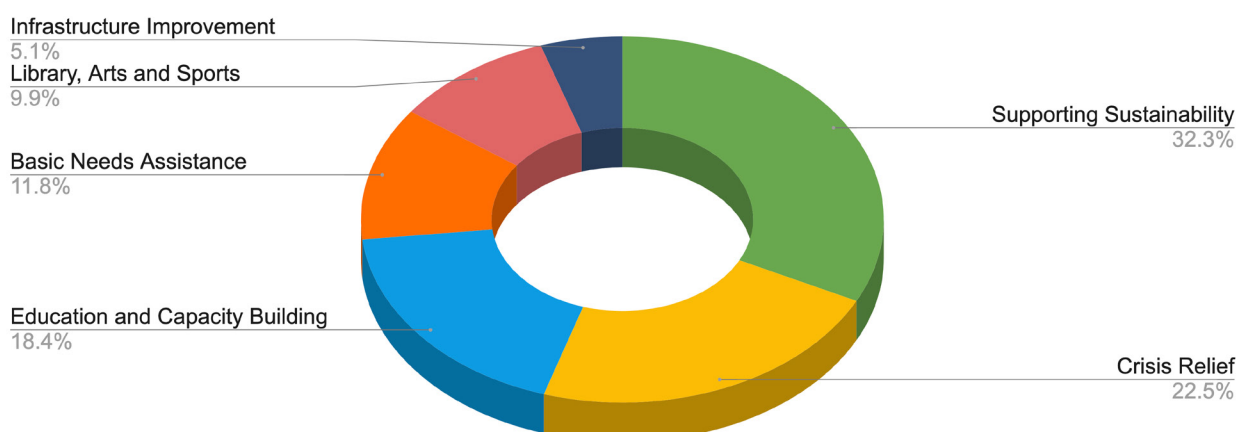
The LetUsHelpNow Foundation primarily carries out its activities via monthly projects. We collaborate with care homes, community networks and agencies serving children, elders, and special needs people. The projects are rotated by region from Upcountry, East to North.

Our work broadly focuses on the following sectors: Crisis Relief, Basic Needs Assistance, Promoting Library, Arts & Sports, Education and Capacity Building, Supporting Sustainability and Infrastructure Improvement.

In 2022, we implemented 30 projects, worth 15.4 million Sri Lankan rupees. This benefitted more than 52 care homes and 2 community networks in 12 districts, serving 1500+ children, elders and special needs people.

The following sections discuss our work and impact by sector and focus areas. Detailed information about each month's project can be found on our website.

by Sector

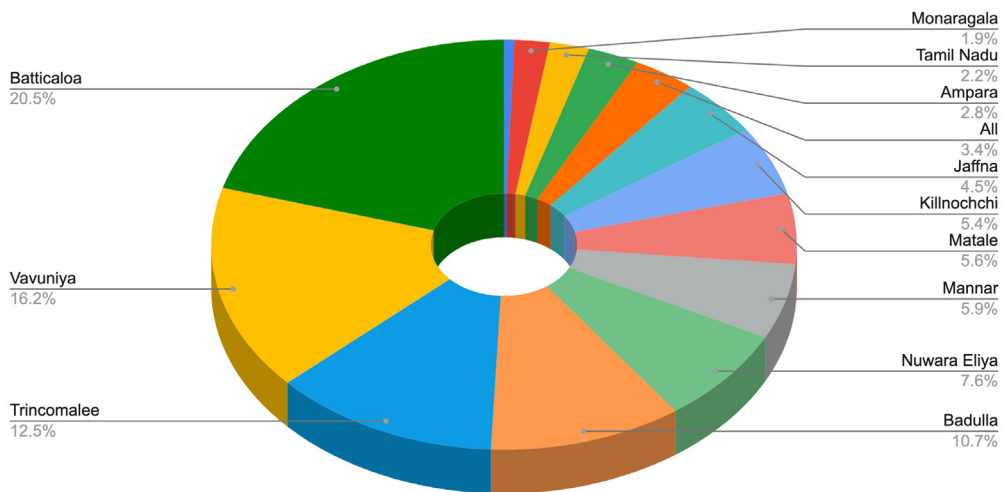


Our Impact

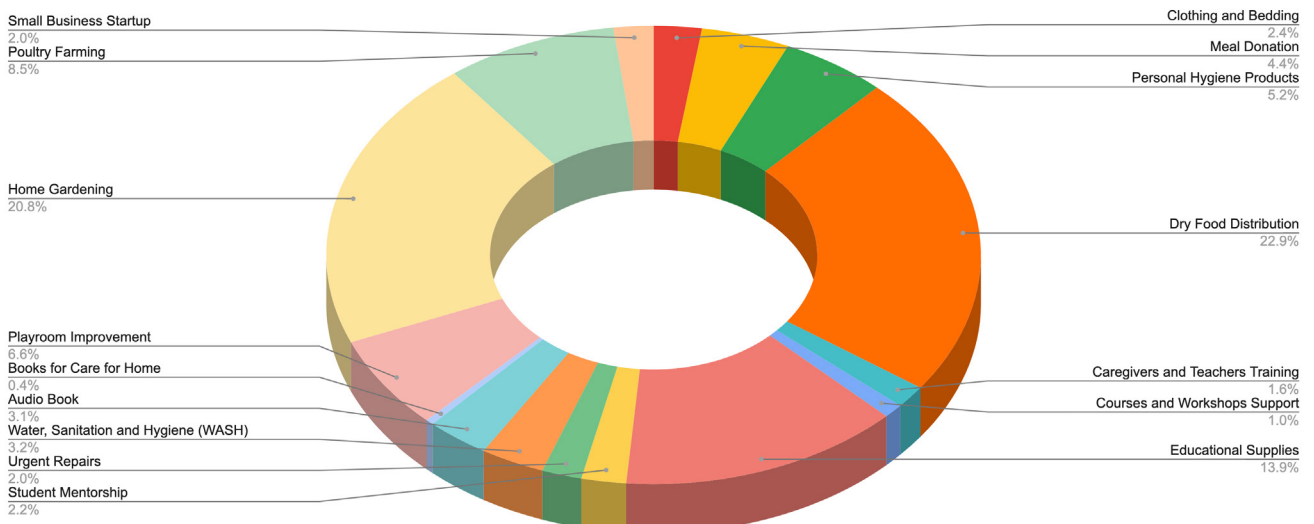
Project Summary

FUND DISTRIBUTION.

by Home Type



by Donation Type

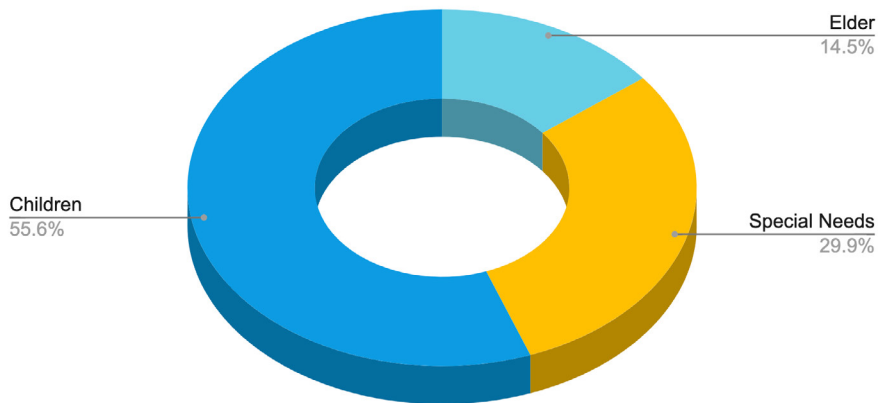


Our Impact

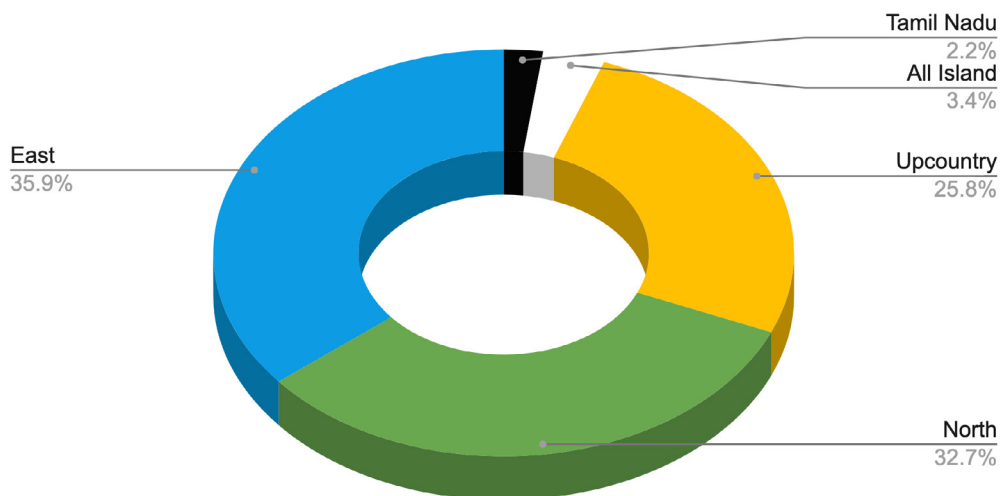
Project Summary

FUND DISTRIBUTION.

by Home Type



by Region



Our Impact

Crisis Relief



Beneficiaries : 14 Care Homes

Budget : Rs. 3.5 M

Covid-19 pandemic, economic crisis and political unrest have devastated Sri Lanka, impacting the vulnerable populations the hardest. The food, medicine, energy and educational supply costs have increased by multiple folds. At the same time, the local support and donations the care homes received have decreased.

LetUsHelpNow distributed dry-food to alleviate the food crisis. In addition, we focused on projects that can reduce expenses and bring in income or reduce expenses through our sustainability projects.

Our Impact

Crisis Relief

DRY FOOD DISTRIBUTION

Name	District	Type	Amount
Bishop Daniel Boys Home, Nuwara Eliya	Nuwara Eliya	Children	160,000.00
Good Shepherd Child Development Centre, Mankulam	Vavuniya	Children	200,000.00
Louis Marie Children's Home, Budulla	Badulla	Children	338,730.24
Maranatha Child Development Centre, Hatton	Nuwara Eliya	Children	227,159.35
Mother Teresa Elder Home, Jaffna	Jaffna	Elder	400,000.00
Mother Teresa Elder Home, Vavuniya	Vavuniya	Elder	670,903.50
Paralyses Nursing Home, Kilinochchi	Killnochchi	Special Needs	200,000.00
Sahana Sewana - Rehabilitation And Training Of Disabled Persons	Trincomalee	Special Needs	150,000.00
Shaloom Children Home, Maskeilya	Nuwara Eliya	Children	80,000.00
Sjaloom Social Welfare Society, Matale	Matale	Children	268,500.00
Sri Sudarshi School for the Deaf and Blind, Bandarawela	Badulla	Special Needs	350,200.00
St Joseph Elders Home, Batticaloa	Batticaloa	Elder	150,000.00
The Art of Living Girls Children Home, Batticaloa	Batticaloa	Children	100,000.00
Up country Children Home, Badulla	Badulla	Children	180,000.00



Our Impact

Basic Needs Assistance



Beneficiaries : 16 Care Homes

Budget : Rs. 1.8 M

Care homes operations depend on public donations. The homes often struggle to meet their basic needs such as food and clothing.

LetUsHelpNow assisted the care homes to bridge the gap in meeting their basic needs. We facilitated meal donations to care homes. We provided funds to purchase clothing, bedding and basic hygiene products.

Our Impact

Basic Needs Assistance

Name	District	Type	Amount
Annai Saratha Children Home, Trincomalee	Trincomalee	Children	107,550.20
Iniya Vazhvu Illam, Mulaitivu	Mulaitivu	Special Needs	88,500.00
Killinochchi Special Needs Network - Sri Lanka, Killinochchi	Killinochchi	Special Needs	148,000.00
Killinochchi Special Needs Network - Sri Lanka, Killinochchi	Killinochchi	Special Needs	492,350.00
Maranatha Child Development Centre, Hatton	Nuwara Eliya	Children	50,000.00
Miani Girls Home, Thannamunai, Batticaloa	Batticaloa	Children	25,000.00
ORHAN, Vavuniya	Vavuniya	Special Needs	25,000.00
Safe Homes - 04	Trincomalee	Children	70,000.00
Shaloom Children Home, Maskeilya	Nuwara Eliya	Children	160,000.00
Sivan Elders Home, Vavuniya	Vavuniya	Elder	300,000.00
St Joseph Elders Home, Trincomalee	Trincomalee	Elder	25,000.00
Swami Vipulananthar Elder Home, Batticaloa	Batticaloa	Elder	49,500.00
The Art of Living Gilrs Children Home, Batticaloa	Batticaloa	Children	25,000.00
Thilahawathiyar Girls Children Home, Vaharai, Batticaloa	Batticaloa	Children	25,000.00
Vipulanantha Children Home, Palugamam, Batticaloa	Batticaloa	Children	200,000.00
Vipulanantha Children Home, Palugamam, Batticaloa	Batticaloa	Children	25,000.00

Meal Donations

ஆற்றுவார் ஆற்றல் பசியாற்றல் அப்பசியைப்
மாற்றுவார் ஆற்றலின் பின்

Tamils have the tradition of Annathanam, where one offers food to people in need. In memory of or in celebration of a special occasion, people arrange for meal donations at care homes, special needs schools and community organizations. Thank you to people who remember the vulnerable during your special times, and for being an example to us all.

The LetUsHelpNow website provides contact details and bank details for the care homes and community agencies. Please contact the care homes directly to sponsor meal donations. We are happy to facilitate meal donations if needed.

Our Impact

Education and Capacity Building



Beneficiaries : 14 Care Homes

Budget : Rs. 3.5 M

Education and capacity building are fundamental to quality of lives. Education provides an increased awareness about the world and opportunities around us. From nutrition, financial literacy, human rights, to communication skills, the knowledge and skills are essential to navigate and succeed in life. Lifelong learning and capacity building are needed to continuously improve our communities.

LetUsHelpNow undertook various projects to support education and capacity building. We provided educational supplies to care home students. We supported training for special needs caregivers, teachers and parents. We supported a mentorship program for Sri Lankan Tamil refugee students in Tamil Nadu. We facilitated volunteers in the diaspora to deliver courses and workshops to people at care homes and outside.

Our Impact

Education and Capacity Building

EDUCATIONAL SUPPLIES

Name	District	Type	Amount
Amman Women And Child Development Centre, Ampara	Ampara	Children	189,000.00
Anbu Illam, Trincomalee	Trincomalee	Children	120,000.00
Foursqre Children Home, Trincomalee	Trincomalee	Children	50,000.00
Good Shepherd Children Home, Valaichenai, Batticaloa	Batticaloa	Children	110,000.00
Grace Girls Children Home, Trincomalee	Trincomalee	Children	165,000.00
Maranatha Child Development Centre, Hatton	Nuwara Eliya	Children	200,000.00
Miani Boys home, Thannamunai, Batticaloa	Batticaloa	Children	140,000.00
Miani Girls Home, Thannamunai, Batticaloa	Batticaloa	Children	165,000.00
Ravishankar Children home, Monaralgala	Monaragala	Children	300,000.00
Rawlathul athfal Children Home, Trincomalee	Trincomalee	Children	115,000.00
Seerpathadevi Children's Development Centre, Veeramunai	Ampara	Children	70,986.60
Sri Shanmuga Girls Home, Trincomalee	Trincomalee	Children	90,000.00
Vipulanantha Children Home, Palugamam, Batticaloa	Batticaloa	Children	215,000.00
Vivehanada Children Home, Valaichenai, Batticaloa	Batticaloa	Children	185,000.00

Students at care homes are often in need of educational supplies such as shoes, bags, notebooks, pens etc. These prices have drastically increased in recent months. LetUsHelpNow provided funds to purchase educational supplies for 12 care homes in the Eastern province



Our Impact

Education and Capacity Building

CAPABILITY BUILDING WORKSHOP FOR SPECIAL NEEDS CAREGIVERS



Ezhuka is a capability building project by LetUsHelpNow Foundation. Through this initiative, we help organize workshops and training sessions to improve the capability of the caregivers of special needs children. The aim is to improve the capability of the caregivers to better evaluate and understand the needs of special needs children and to serve the personal, educational, and career development of those children.

The first two workshops in this series were held in collaboration with Victory Special Study Center. They have extensive expertise and experience in providing training for parents and caregivers of special needs children. Nithyakalyani is the founder of the Victory Special Study Center. She is a dedicated special education administrator with over eighteen years of experience developing and implementing programs that support the academic and social-emotional needs of the students with special needs. In addition, special education teachers from the Victory Special Study Center led the workshops. Nandhini is a clinical psychotherapist. She was the honorary president of the Asian Federation on Intellectual Disabilities among many other roles. She also led the first workshop.

Our Impact

The first workshop was delivered over three days to caregivers at Ozanam, and to teachers at Mencafeep on September 15 to 17 2022. First the trainers observed the daily activities of the caregivers, administrators and the children in Ozanam. They assessed each child individually. Then, tailored and delivered the workshop accordingly. Various types of training that help encourage physical, social, emotional, linguistic and cognitive development were delivered. A key takeaway was the need to individually understand the challenges and capabilities of each child and to deliver an individualized education and care program. An individualized care plan for each child at the Ozanam center was developed and shared with the caregivers. Trainers provided guidance to promote independence, for example in daily routines. Similar types of training was delivered at Mencafeep.

The second workshop was held at the Organization for Rehabilitation of the Handicapped (ORHAN) in Vavuniya in October. The workshop engaged four teachers serving 40 special needs children. Various topics were taken up during the workshops, including developing activity based curriculum, developing capacity using play and teamwork, engaging children through festivals, reducing distractions in the classroom, and differentiating between good and bad touch. Further, a training session was organized for the parents of the special needs children. Topics covered during the session for the parents include scheduling daily activities, engaging children in daily routines, engaging siblings in the care of the special needs children, hygiene, toilet training, nutrition, obesity, and mental health. As an example of home based vocation training, a demonstration about producing incense was shown.

Our thanks and appreciation to Victory Special Study Center, Ozanam, Mencafeep and ORHAN in making these workshops successful. We hope to deliver this type of workshop to other care homes in North, East and Upcountry in Sri Lanka.



Our Impact

Education and Capacity Building

MENTORING PROGRAM FOR STUDENTS AT TAMIL NADU REFUGEE CAMPS



Since 1983, waves of Sri Lankan Tamil refugees have been coming to Tamil Nadu, fleeing the war and persecution in Sri Lanka. As of 2022, there were 58,843 Sri Lankan Tamil refugees, residing in 108 camps in 29 districts. There were 34,135 refugees living outside of the camps. These refugees in and outside of the camps face immense legal, social and economic hardships. For instance, they must register their attendance with the camp, cannot undertake higher studies, and have limited job prospects. Researchers and refugee agencies have noted that the Tamil refugees are treated like criminals. Higher incidence of suicides is a sad indicator of the extreme conditions endured by the refugees.

Though a recent court ruling by the Madurai Bench of the Madras High Court may open the pathways to citizenship, that will not be realized in practice for many years, if ever. In its ruling, the court noted that “Keeping them under surveillance and severely restricted conditions and in a state of statelessness for such a long period certainly offends their right under Article 21 of the Constitution of India.”

Due to these oppressive conditions and disadvantaged environment, many refugee students are unmotivated and demoralized to pursue education. Community leaders from the Bhavanisagar Refugee Camp identified this as a major challenge to overcome. They proposed a mentorship project to motivate and guide the students, to introduce them to higher learning and job prospects and to build their capabilities.

Our Impact

Bhavanisagar Refugee Camp consists of approximately 1,000 families (around 3,800 family members). A nearby school primarily serves students from this refugee camp. This mentorship project was designed as an after school program for all students from that school. About 350 students are currently benefiting from the program.

LetUsHelpNow Foundation is supporting this mentorship program as a pilot project. Currently, three mentors with the support of two teachers are undertaking this program at the school. It runs every other week for six days. Students are divided into smaller groups and participate in different days.

The curricula for the after school program was largely designed by the mentors from the Bavanisagar camp, with some input from LetUsHelpNow. It is a play based interactive approach, designed to encourage student participation and expression. The students receive a snack during the session as well. The students' grades before and after the program, as well as other feedback and indicators will be used to evaluate the program.

Currently, each mentor receives a INR 500 honorarium for each session. The monthly cost for the honorarium is INR 18,000 (INR 500 per session x 12 sessions x 3 mentors). In addition, there is INR 5,000 snack expenses. Thus, the overall budget for this pilot mentorship initiative is INR 138,000.

We hope that this pilot project will guide the students to build a better future. We hope to strengthen our relationships with community leaders and volunteers at Bavanisagar refugee camp , as well as other camps to continue our collaborations. We hope to contribute to improving the awareness about the plight of the Sri Lankan Tamil refugees in Tamil Nadu among the diaspora, as well as in Tamil Nadu.



Our Impact

Education and Capacity Building

COURSES AND WORKSHOPS FOR STUDENTS - Theatre of the Oppressed Virtual Workshop



Theatre of the Oppressed Virtual Workshop was organized and delivered by Sathya and Suba to about 15 children from the Thilavathiyar Girls Home, (Kathiraveli, Batticaloa). The workshop consisted of six sessions of about 90 minutes. Theatre of the Oppressed is a form of interactive theater invented by Augusto Boal in the 1970s. It invites the performers to explore, show, analyze and transform the reality in which they are living. It has been used as a tool for educational, artistic, and social engagement. Each session started with warm-ups with progressive activities to get the participants to get comfortable performing in front of others. Once the children gained confidence, they moved into a main activity. Each session ended with a brief summary. Name game, counting to 20, leading, animal characters, cabin in the woods were some of the theater games and activities incorporated into the workshop.

Theatre of the Oppressed activities allow the participants to tackle real-life situations. They are designed to address social issues and inspire action for change. Though there were disruptions due to power cuts, the children participated enthusiastically. Some of our lessons learned related to organizing this type of virtual workshops include: having a small group to allow for meaningful participation from each participant, having the same age group, ensuring that appropriate devices such as screen, speakers etc are available, and having alternative arrangements in the case of power cuts. Thank you to Sathya for bringing Theatre of the Oppressed to the children at the Thilavathiyar Girls Home, as well as to the wider community.

Our Impact

Education and Capacity Building

COURSES AND WORKSHOPS FOR STUDENTS - Dance Virtual Workshop



A key objective of LetUsHelpNow is to connect the diaspora with care homes and community networks in North, East and Upcountry. We were happy to link youth from the Canadian Tamil Youth Alliance (CTYA) with Ladani Girls' Child Development Centre (Mullaitivu). They have started offering online dance classes to the children from the care home. Currently, eight children are participating in the virtual dance class.

Our Impact

Education and Capacity Building

COURSES AND WORKSHOPS FOR STUDENTS-SUPPORTING THE MULTI SKILLS DEVELOPMENT PROJECT



HOPE is a Trincomalee based organization dedicated to helping persons with disabilities. Their vision is “an inclusive society providing the persons with disabilities a dignified life with ample equal opportunity in the community”. One of the main projects they undertook before COVID was the Multi Skills Development project.

The project engaged persons with disabilities and their parents via an afternoon program. It developed the skills of the students through various activities and training, including drama, play therapy, yoga, gardening, handicrafts, computer lessons and daily living activities. The program was delivered by teachers who had knowledge and skills in working with differently-abled people, including to delivering physiotherapy, and counseling. Further, they sought to provide assistance such as transportation to the beneficiaries to ensure that all are able to participate in the program. About 20 - 30 beneficiaries participated in the program at any given time.

The project was paused due to COVID. LetUsHelpNow Foundation provided funds to restart the project. This is an ongoing support provided by LetUsHelpNow.

Our Impact

Infrastructure Improvement



Beneficiaries : 2 Care Homes

Budget : Rs. 0.78 M

Infrastructure wants and needs of care homes can vary. Often, essential maintenance, repairs and improvements are needed. Care homes may not have the budget to undertake even the basic repairs such as repairing washrooms.

As a small organization, LetUsHelpNow does not fund any infrastructure development, except for urgent repairs, and improvements that address Water, Sanitation and Hygiene (WASH) related concerns.

Our Impact

Infrastructure Improvement

WATER, SANITATION AND HYGIENE (WASH)



Canaan Harvest Children's Home (Badulla, Uva Province) cares for 38 female children. They had three washrooms to serve them all. One of them was badly damaged and in dire condition. It was causing bad smells and hygiene concerns. As these washrooms were near living areas, the home administrators wanted to address this issue urgently. Further, they wanted to build additional washrooms away from the living areas to meet their needs.

LetUsHelpNow Foundation's Upcountry coordinator and Bandarawela municipal council commissioner Gajan Thanaraj and one Bandarawela municipal council technical officer visited the care home to assess the need and the proposed solution. Based on their feedback as well as the home's input, LetUsHelpNow decided to support the home to repair the damaged washroom as well as building three new washrooms away from the living areas.

LetUsHelpNow provided two thirds of the funds to do the repair and to build three new washrooms at Canaan Harvest Children's Home.

Our Impact

Infrastructure Improvement

URGENT REPAIRS



St. Francis Child Development Centre (Matale, Central province) cares for 15 children. During the rainy season, they requested repair of windows as well as repair of some electrical wiring. We provided assistance to undertake the repair of urgent electrical works.

Our Impact

Library, Arts and Sports



Beneficiaries : 3 Care Homes

Budget : Rs. 1.5 M

Literature, arts, music, and sports enrich our lives. They are essential for physical, mental and emotional health. These activities provide recreation, as well as help improve creativity and communications skills. Due to resource constraints as well as cultural factors, libraries, arts and sports are often not well used at care homes.

LetUsHelpNow promotes library, arts and sports by providing equipment, improving facilities, and by providing opportunities to partake in these activities. In 2022, we provided input as well as feedback to transform the playroom used by special needs children at the Organization for Rehabilitation of the Handicapped (Vavuniya). We collaborated with Noolaham Foundation in the Audio Books project. We purchased and distributed ten Braille Books for homes and libraries for the visually impaired.

Our Impact

Library, Arts and Sports

AUDIO BOOKS

The screenshot shows the website interface for 'நூலக நிறுவனத்தின் ஆவணகம்' (Noolaham Foundation's Audio Repository). It includes a search bar, a navigation menu with options like 'புகப்பு', 'புதிப்பன', 'ஆவணகம் பற்றி', 'பங்களிக்க', 'உசர்துணை', and 'புகுபதிகை'. The main content area displays 'ஒலி நூல்கள்' (Audio Books) in a grid view. The grid shows four items, each with a microphone icon and a plus sign. The titles are: 'நளலிபுர் சோகந்தரப்பலவர் (செந்தமிழம் நாட்டழக்கம்)', 'கப்பாம்பயணம் (செந்தமிழம் நாட்டழக்கம்)', 'திருக்குறள் (செந்தமிழம் நாட்டழக்கம்)', and 'தமிழாப்த தலை நயிரவேம் (நற்றமிழம்)'. There are also sidebar filters for 'உள்ளடக்க வகை' (Content Type) and 'ஆக்குனர்' (Author).

Access to educational Tamil materials is a major challenge faced by visually impaired students in Sri Lanka. In collaboration with Noolaham Foundation, LetUsHelpNow is helping to create audio books. For 2022, the focus has been to record textbooks used by university students in the fields of arts, media, law and political science. As of January 2023, the audio books project will have 1000 recordings. These recordings can be accessed at aavanaham.org/islandora/object/noolaham:audio_books.

A discussion about audio books and needs of the visually impaired was held on Oct 15. Students and administrators from Vaazhvakam and Dharisanam as well as others participated in the discussion. Some of the feedback from the meeting follows:

Provide audio books recordings not by chapters, but as a complete work.

Provide easily accessible websites to find the recordings.

Upload the recordings to youtube for easier use.

Compile list of existing recordings, resources as well as needed resources.

Our Impact

Library, Arts and Sports

PLAYROOM IMPROVEMENT



Puth Vazhu Poonga school for special needs children (Vavuniya) provides education for 72 children. The school is run by the Organization for Rehabilitation of the Handicapped (ORHAN), which has been serving the special needs community of the Northern province since 1999. Currently, ORHAN consists of 460 members. The school provides special education and training, including sign language training, speech training and vocational training. It provides supporting services, including physical therapy, yoga and sports.

LetUsHelpNow assisted in upgrading the playroom to benefit the diverse beneficiaries at the home. The playroom walls were beautifully painted with engaging murals. Windows were replaced. New furniture, floor mats and television were provided. More importantly, new play equipment, including play setup for visually impaired children were set up.

A simple opening ceremony was held on 23/03/2002. Children, parents, ORHAN home's administrators, stewards and community leaders participated in the event. The playroom was opened by Theepikan, a student of the home. Several trees were planted at the conclusion of the event by children and guests.

Our Impact

The budget for the January project was LKR 1,000,000. The funds were donated by 103 LetUsHelpNow contributors from Canada, Australia and the United Kingdom. The transformed playroom photos, receipts and thank you letters provided by the home were shared with the donors and published online.

Our sincere appreciation and thanks to the many people who contributed in making this project a success, including the following:

- Loganathan Rattinam (UK) introduced ORHAN to LetUsHelpNow.
- Sivajini Sivalingam, (Autism Behavioural Sciences expert) and Piraba Prabhakaran (Organization of Canadian Tamils with Disabilities) provided valuable input in planning, designing and implementing this project.
- Safna Iqbal helped coordinate the project on the ground.
- Artist Rrimas (94 76 430 8957) beautifully painted the murals.
- The entire team at ORHAN, including Jeyakaladevi (manager), Kalaivani Amirthalingam (principal), Amuthavasan (administrative officer), Thivakar (coordinator), chair Dr. P.Sathiyathan, treasurer Thevamohan teachers, and staff collaborated and moved the project forward in every step of the way.
- Principal Kaneeswaran (Puthukulam Pandithamani Kanpathipillai Vithiyalam) enthusiastically assisted us with tree planting.

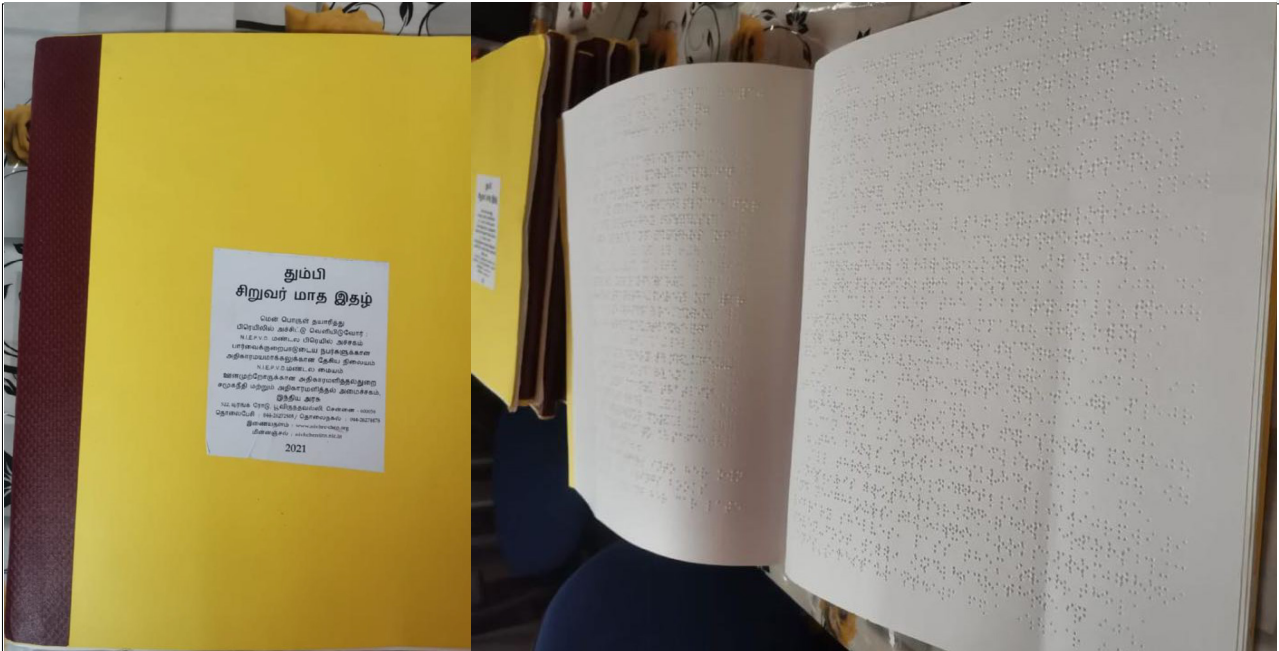
We hope that this playroom brings small joy in the lives of the children at ORHAN.



Our Impact

Library, Arts and Sports

BRAILLE BOOKS



Educators for visually impaired students stress the importance of Braille to develop full literacy. Braille represents letters by raised dots and can be read by touch. It allows the visually impaired to learn “spelling, grammar and punctuation and gain an understanding of how text is formatted on the page”. [1] The Tamil Braille is the same with minor differences in both Sri Lanka and India. LetUsHelpNow purchased ten Braille books, each containing three stories from thumbigal.com, and distributed them to visually impaired schools and public libraries in Northern and Eastern provinces in Sri Lanka.

[1] Benefits of braille. (n.d.). Sight Scotland. Retrieved December 27, 2022, from <https://sightscotland.org.uk/articles/information-and-advice/benefits-braille>

Our Impact

Supporting Sustainability



Beneficiaries : 35 Care Homes

Budget : Rs. 5 M

Operational sustainability and stability are important for people at care homes as well as staff and volunteers helping administer these homes. As institutions of last resort, these homes do not receive appropriate levels of support from the government or the larger society. Initiatives that reduce expenses, generate income, and enhance the living environment help improve the financial and environmental sustainability of care homes.

LetUsHelpNow focused on four types of projects to support sustainability: home gardening, poultry farming, assisting setting up of small businesses, and implementing solar panels.

Our Impact

Supporting Sustainability

HOME GARDENING



In 2022, Sri Lanka was devastated by a deep economic and political crisis. The food production was disturbed by the fertilizer ban and lack of fuel/electricity. This caused rapid food inflation, food shortage and food insecurity. Home gardens help mitigate the food crisis, and help build sustainability. Further, gardening can provide opportunities to learn about nature/agriculture as well as improve wellbeing.

LetUsHelpNow undertook several projects to assist home gardening at care homes and at homes of vulnerable people through a community network. We assisted more than 26 homes in the East and Upcountry to set up home gardens. A collaborative discussion with care homes in Eastern homes was held on June 9th, 2022 about gardening. More than 20 people shared their experiences as well as challenges with home gardening. We documented and shared lessons learned (<https://letushelpnow.org/resources>), as well as connected homes with related authorities (Ministry of Agriculture, Eastern Province) in the field.

We assisted WE-CAN (wecan-sl.org) to provide a home garden kit consisting of 50 plants (tomato, eggplant, okra, chillies, banana peppers), 10 Kg compost and spade (one for every four families) to 300 differently abled families. WE-CAN (wecan-sl.org) is a community network serving the differently abled people in Manthai west divisional secretariat, Mannar, Northern province. Many of its members have lost limbs or got injured during the war. The plants and compost were produced by WE-CAN itself, and it engaged three differently abled people as staff for three months to assist the families in setting up the home garden.

Our Impact

Supporting Sustainability

HOME GARDENING

Name	District	Type	Amount
Amman Women And Child Development Centre, Ampara	Ampara	Children	60,000.00
Anbu Illam, Trincomalee	Trincomalee	Children	60,000.00
Annai Saratha Children Home, Trincomalee	Trincomalee	Children	60,000.00
Bethel Boys Children Home, Valichenai, Batticaloa	Batticaloa	Children	100,000.00
Bethel Girls Children Home, Valichenai, Batticaloa	Batticaloa	Children	100,000.00
Dharisanam, Batticaloa	Batticaloa	Special Needs	60,000.00
Foursquare Children Home, Trincomalee	Trincomalee	Children	60,000.00
Good Shepherd Children Home, Valaichenai, Batticaloa	Batticaloa	Children	130,000.00
Grace Girls Children Home, Trincomalee	Trincomalee	Children	60,000.00
Hassanath Girls Home, Trincomalee	Trincomalee	Children	60,000.00
Jeevananda Girls Home, Batticaloa	Batticaloa	Children	60,000.00
Nanthavanam Elders Home, Batticaloa	Batticaloa	Children	60,000.00
Ozanam, Batticaloa	Batticaloa	Special Needs	60,438.71
Rainbow Child Development Centre, Kotagala	Nuwara Eliya	Children	95,197.93
Rawlathul athfal Children Home, Trincomalee	Batticaloa	Children	60,000.00
Safe Homes - 04	Batticaloa	Children	240,000.00
Sahana Sewana - Rehabilitation And Training Of Disabled Persons	Trincomalee	Special Needs	210,000.00
Seerpathadevi Children's Development Centre, Veeramunai,	Ampara	Children	60,000.00
St Joseph Elders Home, Trincomalee	Trincomalee	Elder	130,000.00
Swami Vipulanantha Boys Children Development Centre, Ampara	Ampara	Children	60,000.00
Swami Vipulananthar Elder Home, Batticaloa	Batticaloa	Elder	60,000.00
Thangamma Elders Home, Vavuniya	Vavuniya	Elder	200,000.00
The Art of Living Gilrs Children Home, Batticaloa	Batticaloa	Children	60,000.00
Vipulanantha Children Home, Palugamam, Batticaloa	Batticaloa	Children	75,000.00
Vivehanada Children Home, Valaichenai, Batticaloa	Batticaloa	Children	60,000.00
WECAN, Mannar	Mannar	Special Needs	917,158.40

Most homes reported good experience and results in implementing home gardens. Several homes shared their produce with their neighbors, and some even generated small income from the surplus produce. From engaging people hands-on in a creative endeavor to helping alleviate the food crisis, home gardening is a good project model to build skills and sustainability.

Our Impact

Supporting Sustainability

POULTRY FARMING



In addressing the food crisis in Sri Lanka, LetUsHelpNow supported setting up poultry farming in several care homes. Poultry farming provides an accessible source of protein via eggs and meat. It can also contribute to revenue generation. We provided funds to set up the chicken coop, to purchase chicks, and initial poultry feed.

Several challenges were encountered in setting up poultry farms. First, due to the economic crisis, it was difficult to purchase chicks and poultry feed. Second, ongoing power cuts meant that chicks could not be hatched or housed as required, especially in Upcountry. Nevertheless, several homes successfully implemented poultry farms and were able to obtain eggs for their use.

Some homes were about to engage the Department of Animal Production & Health Care, and get chicks and poultry feed at nominal costs. Further, the department came forward to provide veterinary care.

The improving economic conditions may ease some of the challenges associated with setting up poultry farms.

Our Impact

Supporting Sustainability

SMALL BUSINESS STARTUP / SOLAR PANEL INSTALLATION



If a care home is interested in setting up a small business, LetUsHelpNow assists them with some seed funding or equipment. The opportunity is identified by and the business executed by the care home.

In 2022, we assisted Shakthi Girls Home (Batticaloa) with a business initiative. Shakthi Girls Home (Batticaloa) operates a small shop. The home noted that the locals go far to get water purified. They requested help to set up a water purification system, so that they can provide that service and earn an income. LetUsHelpNow requested quotes and provided LKR 300,000.00 to help implement the water purification system. Currently, they are generating income, which is going towards paying off the total cost. They will be generating profit from early this year.

Sri Lanka experienced long power cuts throughout 2022. The electricity prices more than doubled. As Sri Lanka is located close to the equator, solar panels are a good option to generate electricity.

LetUsHelpNow helped to implement solar panel installations at two care homes. This helped reduce expenses while providing electricity for some appliances such as lights and fans.

Our Transparency

Financial
REPORT.

YEAR	DONATIONS	PROJECTS	ADMIN / OTHER COSTS
2020	Rs 4,173,589.86	Rs 4,145,166.30	Rs 28,423.56
2021	Rs 10,432,531.88	Rs 10,358,700.28	Rs 77,131.60
2022	Rs 15,507,319.76	Rs 15,440,389.79	Rs 66,929.97

Statement of Revenue and Expenditures

Year End at 31st December 2022

Revenue	Amount in Local Currency	Amount in SLR	Amount in SLR
Canadian Donations Received	\$34,910.19	9,320,949.36	
Australian Donations Received	\$16,991.29	4,152,494.58	
Great Britain Donations Received	£4,643.80	1,912,453.32	
Sri Lankan Donations Received	Rs121,422.50	121,422.50	
Total Donations Received			15,507,319.76
Expenses			
Supporting Sustainability		4,993,177.10	
Crisis Relief		3,475,493.09	
Education and Capacity Building		2,842,188.62	
Basic Needs Assistance		1,815,900.20	
Library, Arts and Sports		1,531,990.09	
Infrastructure Improvement		781,640.69	
Total Project Expenses Paid			15,440,389.79
Bank / Transfer Fees in CAD	\$128.97	36,203.94	
PayPal Fees in CAD	\$40.92	11,048.40	
Transfer Fees in GBP	£12.00	4,767.00	
Transfer Fees in AUD	\$63.23	14,910.63	
Total Admin Cost			66,929.97
Total Expenses			15,507,319.75
Surplus/Deficit			0.00

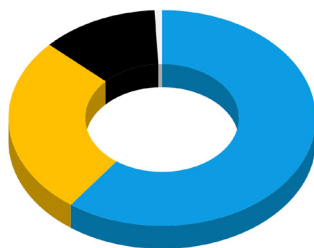
* CAD Canadian Dollar, SLR Sri Lankan Rupee, GBP British Pound, AUD Australian Dollar

Our Transparency

Monthly Projects Year End at 31st December 2022

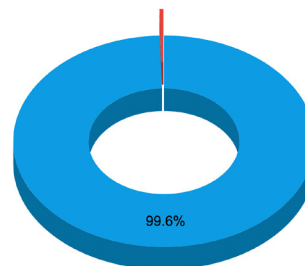
Month	Donations Received in Local Currency				Donations Received in Srilankan Rupees				Total In SLR
	Canada (\$)	Australia (\$)	UK (£)	SriLanka (Rs)	Canada	Australia	UK	SriLanka	
January	\$3,651.22	\$1,050.00	\$503.12	\$9,861.00	724,772.17	186,879.80	165,023.37	9,861.00	1,086,536.34
February	\$3,294.97	\$1,201.00	\$359.38	\$3,561.50	651,770.22	215,000.00	108,636.43	3,561.50	978,968.15
March	\$2,433.40	\$1,359.00	\$334.38	\$10,000.00	679,729.50	326,160.00	137,764.56	10,000.00	1,153,654.06
April	\$2,201.92	\$1,125.00	\$471.88	\$12,000.00	638,556.80	303,700.00	217,062.80	12,000.00	1,171,319.60
May	\$2,373.90	\$1,550.00	\$346.88	\$12,000.00	700,300.50	418,500.00	157,830.40	12,000.00	1,288,630.90
June	\$3,492.83	\$1,500.00	\$346.88	\$12,000.00	1,040,863.34	401,250.00	153,438.71	12,000.00	1,607,552.05
July	\$1,924.37	\$1,450.00	\$346.88	\$12,000.00	567,700.70	380,000.00	149,158.40	12,000.00	1,108,859.10
August	\$2,760.53	\$1,550.00	\$346.88	\$10,000.00	796,480.72	400,000.00	146,730.24	10,000.00	1,353,210.96
September	\$2,622.90	\$1,355.00	\$409.38	\$10,000.00	722,774.67	331,975.00	160,476.96	10,000.00	1,225,226.63
October	\$2,952.36	\$1,200.00	\$378.13	\$10,000.00	813,401.64	282,384.00	160,327.00	10,000.00	1,266,112.64
November	\$3,000.90	\$1,422.00	\$428.13	\$10,000.00	834,788.94	352,656.00	190,517.85	10,000.00	1,387,962.79
December	\$4,200.89	\$2,229.29	\$371.88	\$10,000.00	1,149,810.17	553,989.78	165,486.60	10,000.00	1,879,286.54
Total	\$ 34,910.19	£ 16,991.29	£ 4,643.80	Rs121,422.50	9,320,949.36	4,152,494.58	1,912,453.32	121,422.50	15,507,319.76

Revenue



● Canada ● Australia ● Great Britain ● Sri Lanka

Expenditure



● Projects ● Admin

Our Transparency Project EXPENSES.

Name	District	Type	Amount
Amman Women And Child Development Centre, Ampara	Ampara	Children	249,000.00
Anbu Illam, Trincomalee	Trincomalee	Children	180,000.00
Annai Saratha Children Home, Trincomalee	Trincomalee	Children	167,550.20
Audio Book - Noolaham	All	Special Needs	471,806.00
Bethel Boys Children Home, Valichenai, Batticaloa	Batticaloa	Children	100,000.00
Bethel Girls Children Home, Valichenai, Batticaloa	Batticaloa	Children	100,000.00
Bishop Daniel Boys Home, Nuwara Eliya	Nuwara Eliya	Children	160,000.00
Canaan Harvest Children's Home, Badulla	Badulla	Children	776,640.69
Children Magazine Arithiran Children home distribution	All	Children	10,000.00
Dharisanam, Batticaloa	Batticaloa	Special Needs	60,000.00
Foursquare Children Home, Trincomalee	Trincomalee	Children	110,000.00
Good Shepherd Child Development Centre, Mankulam	Vavuniya	Children	200,000.00
Good Shepherd Children Home, Valaichenai, Batticaloa	Batticaloa	Children	240,000.00
Grace Girls Children Home, Trincomalee	Trincomalee	Children	225,000.00
Hassanath Girls Home, Trincomalee	Trincomalee	Children	60,000.00
HOPE persons with disabilities, Trincomalee	Trincomalee	Special Needs	150,000.00
Iniya Vazhvu Illam, Mulaitivu	Mulaitivu	Special Needs	88,500.00
Jeevananda Girls Home, Batticaloa	Batticaloa	Children	60,000.00
Killinochchi Special Needs Network - Sri Lanka, Killinochchi	Killinochchi	Special Needs	640,350.00
Louis Marie Children's Home, Budulla	Badulla	Children	338,730.24
Manikkavasagar Boys Home, Kiran, Batticaloa	Batticaloa	Children	125,000.00
Maranatha Child Development Centre, Hatton	Nuwara Eliya	Children	677,159.35
Miani Boys home, Thannamunai, Batticaloa	Batticaloa	Children	265,000.00
Miani Girls Home, Thannamunai, Batticaloa	Batticaloa	Children	315,319.56
Mother Teresa Elder Home, Jaffna	Jaffna	Elder	400,000.00
Mother Teresa Elder Home, Vavuniya	Vavuniya	Elder	670,903.50
Nanthavanam Elders Home, Batticaloa	Batticaloa	Children	60,000.00
ORHAN, Vavuniya	Vavuniya	Special Needs	1,136,500.00
Ozanam, Batticaloa	Batticaloa	Special Needs	190,438.71

Our Transparency

Name	District	Type	Amount
Paralyses Nursing Home, Kilinochchi	Kilinochchi	Special Needs	200,000.00
Rainbow Child Development Centre, Kotagala	Nuwara Eliya	Children	95,197.93
Ravishankar Children home, Monaragala	Monaragala	Children	300,000.00
Rawlathul athfal Children Home, Trincomalee	Batticaloa	Children	60,000.00
Rawlathul athfal Children Home, Trincomalee	Trincomalee	Children	115,000.00
Safe Homes - 04	Batticaloa	Children	240,000.00
Safe Homes - 04	Trincomalee	Children	70,000.00
Sahana Sewana - Rehabilitation And Training Of Disabled Persons	Trincomalee	Special Needs	360,000.00
Sakthy Children Home	Jaffna	Children	300,000.00
Seerpathadevi Children's Development Centre, Veeramunai, Ampara	Ampara	Children	130,986.60
Shaloom Children Home, Maskeilya	Nuwara Eliya	Children	240,000.00
Sivan Elders Home, Vavuniya	Vavuniya	Elder	300,000.00
Sjaloom Social Welfare Society, Matale	Matale	Children	268,500.00
Sri Shanmuga Girls Home, Trincomalee	Trincomalee	Children	90,000.00
Sri Sudarshi School for the Deaf and Blind, Bandarawela	Badulla	Special Needs	350,200.00
St Joseph Elders Home, Batticaloa	Batticaloa	Elder	150,000.00
St Joseph Elders Home, Trincomalee	Trincomalee	Elder	405,062.50
St.Francis Child Development Centre, Mattale	Matale	Children	590,000.00
Swami Vipulanantha Boys Children Development Centre, Ampara	Ampara	Children	60,000.00
Swami Vipulananthar Elder Home, Batticaloa	Batticaloa	Elder	109,500.00
Thangamma Elders Home, Vavuniya	Vavuniya	Elder	200,000.00
The Art of Living Gilrs Children Home, Batticaloa	Batticaloa	Children	185,000.00
Thilahawathiyar Girls Children Home, Vaharai, Batticaloa	Batticaloa	Children	150,000.00
Thumbi Barllie Books	All	Special Needs	50,184.09
Up country Children Home, Badulla	Badulla	Children	180,000.00
Vipulanantha Children Home, Palugamam, Batticaloa	Batticaloa	Children	515,000.00
Vivehanada Children Home, Valaichenai, Batticaloa	Batticaloa	Children	245,000.00
WECAN, Mannar	Mannar	Special Needs	917,158.40
Workshop for Children at Bhawani Shakar Sri Lankan Refugee Camp, Tamil Nadu	Tamil Nadu	Children	335,702.02

Celebrating.Lives In Memory

The following donations were made by friends and relatives in remembrance and honor of special people in their lives. Thank you for making a difference.

- In Memory Of Abirami Thillainathar By Thulasika Ledchumikanthan
- In Memory Of Arumugam Ponnappa Kulasingam By Mythini Suganthan
- In Memory Of Arumugham Suntharalingam By Suntharalingam Family
- In Memory Of Arumugham Suntharalingam By Subapiratha Suntharalingam
- In Memory Of Dr. Sivabalan Thambimuthu By Dr. Sen And Anjali
- In Memory Of Dr.Puvanesawary Sivabalan
- In Memory Of Kandiah Balasubramaniam By Ambi Balasubramaniam
- In Memory Of Kandiah Balasubramaniam By Balasubramaniam Family
- In Memory Of Kecini Aglus By Marcou Family
- In Memory Of Krishnakumari Sriskantharaja By Thiribuwani Yathavan
- In Memory Of Manonmani Krishnapillai By Jayabalini Krishnapillai
- In Memory Of Pushparani Balakrishner By Gajamuhan Balakrishner
- In Memory Of Rajathurai Logeswaran By Anujan Logeswaran
- In Memory Of Sakunthala Kanagaratnam By Ken Aravindan
- In Memory Of Savundranayagam Birthday By Nalayini Savundranayagam
- In Memory Of Sellathurai Arulrajasingam By Selvamani Arulrajasingam
- In Memory Of Selvarany Paranirubasingam By Dushyanthan Paranirubasingam
- In Memory Of Sivaganga Nanthkumar By Nagaratnam Nandakumar
- In Memory Of Sothymalar Paramsothy By Thulasi, Anushiya & Tharani

Celebrating.Lives

In Celebration

The following donations were made in celebration of a special occasion. Thank you for making a difference on your or your loved ones special day.

In Celebration Of Mr & Mrs Veeragathy Nadarajah'S Wedding Annivasary By Anusooya Nadarajah
 In Celebration Of Ragavan Ramachandran'S Mother
 In Celebration Of Subapiratha Suntharalingam'S Daughter
 In Celebration Of Magesvaran'S Birthday By Mahalakshmi Magesvaran
 In Celebration Of Ainetha Ainkharan'S Birthday
 In Celebration Of Ambi Bala'S 75Th Birthday By Thulasika Ledchumikanthan
 In Celebration Of Ambi Balasubramaniam'S Wedding Annivasary
 In Celebration Of Anusooya Nadarajah'S Wedding Annivasary
 In Celebration Of Kamala Shanmuganathan'S 90Th Birthday By Ambi Balasubramaniam
 In Celebration Of Kavitha Suresan'S Birthday
 In Celebration Of Maythini'S Birthday By Sivanesan Sinniah
 In Celebration Of Naren'S Birthday By Dushyanthan Paranirubasingam
 In Celebration Of Navaranjini Suntharalingam'S Birthday
 In Celebration Of Rochus And Thulasika'S Wedding
 In Celebration Of Sankavi'S Birthday
 In Celebration Of Thulasika Ledchumikanthan'S Brother
 In Celebration Of Varathavani Viveganandan'S Wedding Anniversary
 In Celebration Of Well Wisher'S Birthday
 In Celebration Of Yogeswary Suntharalingam'S Grandson Prajain'S Birthday
 In Celebration Of Veeragathy Nadarajah'S Birthday By Anusooya Nadarajah

Unsung.Heroes

Our Donors

LetUsHelpNow work is made possible by the kind and generous donors and supporters. By joining our hands together, we were able to make a difference in the lives of children and elders at care homes in Sri Lanka. Thank you.

Addaledchumy Vivekanadaraja
Ainkharan Subramaniam
Ajanthan Sivarajah
Akshara Rajatheepan
Alex Anputhasan
Amalan Tharmalingam
Amarneethi Vamadevan
Ambi Balasubramaniam
Amuthan Subakaran
Anakan Rasanathan
Anantharuby Muhunthan
Anenthan Sellathurai
Anjali Subakaran
Anton Mahadeva
Anton S Philip
Anujan Logeswaran
Anujeyan Manokeran
Anusha Sivarajah
Anusooya Nadarajah
Aravinth Sivagnanaratnam
Arulanthasivam Family
Aruran Rasarathnam
Asha Myuran

Balakumar Anandasamy
Barathan Ramachandran
Bertrand Marcou
Bhavan Ramanathan
Bhavani And Anton Thavarajah
Bhiranavan Sivalingam

Chandrakumary Selvathurai
Chen Ganesarajah
Chitparan Jegathesan

Dil Subakaran
Doraisamy Sivasamy
Dushy Kanagaratnam
Dushyanthan Paranirubasingam

Eashani Ratnakumar
Eela Uravugal
Eugen Marcou

Gajan Perampalam
Ganesharathinam Subramaniam
Gayathri Tharmagesan

Ilangovan Veerasingam
Indranee Sounthararajah
Isa Sutha

James Fredy
Jayabalini Krishnapillai
Jeneeit Jeyakanthan
Jeyanthi Sutha
Jeyarane Subramaniam

Kajan Someswaran
Kalanithy Kanagasabai
Kamala Shanmuganathan
Kamalambihai Murugesu
Kamalanathan Thampiyah
Kandeepan S
Kandiah Family
Kangatharan Subramaniam
Kathir Appathurai
Ken Aravindan
Kesavan Paranchothy
Kokulan Paramsothy
Kumar

Loganathan Rattinam
Logeswari Kanagasababa

Magima Rajthiageswaran
Mahalakshmi Magesvaran
Mahendrakumar Ramendra
Maheswary Thayanathan
Maithily Uthayasangar
Malini Kanthaswamy
Malini Pararasihgam
Mallikadevi Sabaratnam
Manishankaran Muhunthan

Unsung.Heroes

Our Donors

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Manopriya Prakash
Manorane Sivarajah
Mark Thavarajah
Mathanaraj Loganathan
Mathu & Dilogen Emmanuel
Mathula Sakthivel
Mayuri Rajendran
Meenambikai Kandappa
Melbourne Garlands
Mithiran Sangaralingam
Muhilan Mahendran
Murali Kanagaratnam
Mylan Sutha
Myuran Ganesaratnam

Nageswary Sangaralingam
Nageswary Sivagurunathan
Nalayini Savundranayagam
Natkeeran Ledchumikanthan
Navaranjini Suntharalingam
Navarose Kandasamy
Nehru Gunaratnam
Nicholas And Natasha Xavier
Nila Sutha
Nimalan Sathanathan
Nirajan Kanagan
Nirmala Kuventhiraja
Nirmaladevi Kandiah
Nirupana Janagan
Nishahar Anantharajah
Nivetha Nagaratnam

Orianna Sabapathy, Andrew Mathias,
Bairavi Mathialagan, And Prajet Ragavan

PAnandakrishnan
Philomena Vedanayagam
Ponnaiah Sivaratnam
Ponnampalam Kanthavel
Prabhuram Ramasamy
Pradeeban Thamo
Pratheepan Para
Punithawathy Sivabramaniam
Pushpaharan Pathmanathan

Pushparanee Kubenthiranathan

Ragavan Ramachandran
Ramanaharan
Ramluxmi Charitable Foundation
Ranjith Sivapalan
Ravi Rajaratnam
Rohini Visakapperumal
Ruby Thurairajah
Rukmanidevi Vijayaratharasa

Sakunthala Jayaratnam
Sam Venugopal
Saraswathy Gnanasivam
Saraswathy Thurairasa
Saro Chandrasekaran
Sarogini Sivabalan
Sekar Gunaratnam
Sellamma Kanagalingam
Sellamma Kanagarajah
Selvamalar Moorthy
Selvaranee Nadarajah
Sen Sivabalan
Senthoran Rasaratnam
Shamila Rajasingam
Shanoja Jeyakumar
Shivapriya Suntharalingam
Sivaganga Nanthkumar
Sivakumar Kanagasabai
Sivamany Sivapatham
Sivanesan Sinniah
Sivapatham Pusparani
Sivayoganathan Ramanathan
Sreevithiya Suthagar
Srijiden Rishigesh Sri Gowrisanker
Stephen And Sylvia Marcou
Stephen Marcou
Suba Balasubramaniam
Subapiratha Suntharalingam
Sucila Rajadurai
Sugeeswaran Mahendrarajah
Sujan Sellathurai
Sujanathan Thayanathan
Surega Jeeva

Unsung.Heroes

Our Donors

LetUsHelpNow work is made possible by the kind and generous donors and supporters. By joining our hands together, we were able to make a difference in the lives of children and elders at care homes in Sri Lanka. Thank you.

Suresh Karunaharan
Suseeladevi Thampithurai
Sutha Subramaniam

Thamarai Subakaran
Thamilini Jothilingam
Than Praba
Tharmendra Subramaniam
Thavam Balasingam
Thavamanidevi Balasubramaniam
Thavamany Kandavanam
Thevabriya Thevarajah
Thillainathan Kanapathippillai
Thiribuwani Yathavan
Thulasika Ledchumikanthan
Thushy Gunasigham

V&S Subramaniam
Varathavani Viveganandan
Varsha School Of Fine Arts
Vasanthini Balakrishnan
Vidhusa And Shodiyaa
Vig Sundaram
Vije Kandasamy
Vithi & Mayoora Manickavasakar
Viththiya Mayoora

Well Wisher(s)

Yalini Jothilingam
Yalini Mayurathas
Yathavan Langanarayanan
Yogeswary Suntharalingam

Unsung.Heroes

Our Collaborators

LetUsHelpNow is entirely a volunteer-run organization. Compassion and kindness guides our mission as well as how we work. We strongly believe in collaboratively working together to overcome our common challenges. We are proud to collaborate with the following amazing individuals and community organizations.

Saranya Sutharshan

Saranya is instrumental in helping us understand the needs of care homes, as well as coordinating and monitoring projects for care homes in the Eastern province.

Thanaraj Gajendrankumar

Gajen is instrumental in helping us understand the needs of care homes, as well as coordinating and monitoring projects for care homes in the Upcountry

Suntharamoorthy Theeparaj

Theeparaj is an Agricultural Officer in the Trincomalee District. He participated in meetings with Eastern care homes and shared valuable expertise on establishing home gardens.

Noolaham

LetUsHelpNow in collaboration with Noolaham undertook the Audio Books project to create audio textbooks for secondary school and university students. Through this multi year project, 1,000 audio recordings were created and openly shared online.

Yarl IT Hub

Yarl IT Hub engages students in Science Technology Engineering and Mathematics (STEM) education through the Puthiya Payanakal program. The first level of the program is to complete a set of activities, and send it back to the Yarl IT Hub team for review. Through our collaboration, the program was introduced to the students at care homes and booklets for first level were distributed.

Eela Uravukal

Eela Uravukal supported providing dry food for Bishop Daniel Boys Home in Nuwara Eliya. Similar to LetUsHelpNow, Eela Uravukal is a contributors driven initiative to support war affected people.

Unsung.Heroes

Our Partners

Helping people at care homes is a shared concern for all. We are happy to work with our valued partners on an ongoing basis to synergize our efforts. Together, we are making a greater impact.

Ramluxmi Charitable Foundation, United Kingdom

Charity Number: 1142901

We are proud to partner with Ramluxmi Charitable Foundation. Ramluxmi Charitable Foundation assists poor young and elderly people by setting up medical camps, providing financial assistance, and renovating community organizations in Sri Lanka and India.

Ramluxmi Charitable Foundation helps LetUsHelpNow Foundation with fundraising in UK.

Our Volunteers

Our volunteers in the diaspora helped with coordination, contacting homes, researching information about the homes, updating the website and social media, collecting funds, auditing, banking, design and communications. Your contributions are deeply appreciated.

Ambi Balasubramaniam

Ambi helps with outreach to senior meetups, and coordinates their contributions.

Anakan Rasanathan

Anakan assists in implementing good accounting practices and reviews the accounts.

Dil Subakaran

Dil helps with documenting the donations.

Shivapriya Suntharalingam & Yalini Mayurathas

Priya and Yalini helps with care home coordinations.

Thulasi Ledchumykanthan

Thulasi helps to proofread and edit reports.

Our Team

The Board of DIRECTORS.

Kesavan Paranchothy

kesavan@letushelpnow.org

Natkeeran Ledchumykanthan

natkeeran@letushelpnow.org

Sathya Thilainathan

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Suba Balasubramaniam

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International Board of DIRECTORS.

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Praba Than

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Paritheepan Vivekanandan

Sri Lanka

pari@letushelpnow.org

Prabakaran Selvarajah

Sri Lanka

Our Impact

Annual Gathering

DECEMBER 10TH 2022

The LetUsHelpNow Foundation's Annual Gathering was held virtually on December 10, 2022, with an attendance of over 30 participants. The directors of LetUsHelpNow presented an overview of the various projects undertaken and their respective impacts. Esteemed guests such as Amirthalingam Kalaivani, the head resource teacher for the Organization for Rehabilitation of the Handicapped (ORHAN), Vetrichelvi Velu, the founder of WE-CAN, and M. Nadaraja, a community leader from the Bhavanisagar Sri Lankan Tamil Refugee Camp, shared their insights on the positive impact LetUsHelpNow has had in their communities. The event also included a discussion forum aimed at gathering valuable feedback and innovative ideas to enhance our future activities.

Our Impact

BBQ

LAUNCH



The LetUsHelpNow Foundation's Australian contributors held a successful inaugural BBQ and Fundraising Event on November 20th at Jells Park. The event raised AUD 1,311.50. Further, we are excited to welcome new donors and volunteers to the LetUsHelpNow family. Thank you to everyone who attended the event and contributed to its success.

Our Community

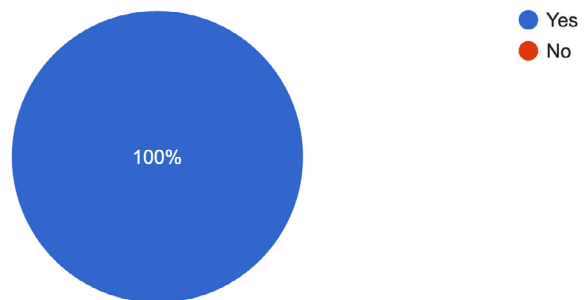
Survey Results 2022.

More than 35 LetUsHelpNow community members contributed to the 2022 year end survey. We are happy to share some highlights below. Please see the detailed report at letushelpnow.org/community_survey_2022.

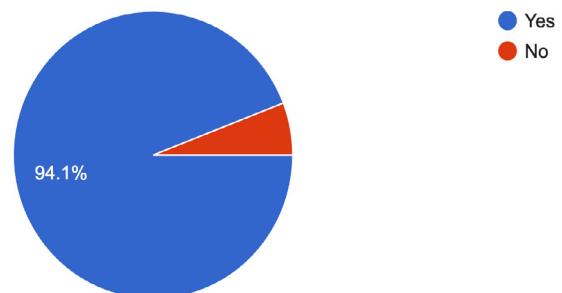
What comes in your mind when you hear about LetUsHelpNow ? (at least one word)



From the project reporting (project description and supporting documents), are you able to understand and follow the projects?



LetUsHelpNow strives to equally distribute the projects by region (North, East, and Upcountry) and home type (children, elders, and special needs). Do you feel LetUsHelpNow has done a fair job in distributing donor contributions?



Our Commitment

LetUsHelpNow

Focus

We are focused on providing information about, and directly helping the homes with the most need.

Collaborative Community

We are a 100% volunteer-based organization.

Dignity

We value human dignity. Our actions and interactions with all are guided by this principle. We are proud of our “no banner, no photo” policy.

Fast and Efficient

Every month, one project is developed, delivered, assessed and completed. Donor funds directly benefit the beneficiaries within four weeks.

Cost Effective

LetUsHelpNow administrative expenses are less than one percent.

Transparency

We publish monthly project account details along with request letters, receipts, photos of purchased materials and thank you letters online to ensure transparency and accountability.

இன்றே.செய்வோம்

எவ்வாறு பங்கேற்கலாம் ?

நேரடியாக இல்லங்களுக்கு உதவுங்கள்

தயவுசெய்து இல்லங்களுக்கு நேரடியாக நன்கொடை வழங்கி உதவுங்கள். இல்லங்களைப் பற்றிய தகவல்கள், அவற்றின் தேவைகளை நீங்கள் letushelpnow.org வலைவாசல் சென்று பெறலாம்.

மாதாந்தச் செயற்திட்டங்களில் இணையுங்கள்

சிறிய மாதாந்த நன்கொடை வழங்குவதன் ஊடாக இல்லங்களின் அவசியத் தேவைகளை பூர்த்தி செய்யும் செயற்திட்டங்களுக்கு ஆதரவு தாருங்கள்.

ஒரு முறை/நினைவு மற்றும் கொண்டாட்ட பங்களிப்பு

ஒரு முறை அல்லது நினைவு அல்லது கொண்டாட்ட பங்களிப்பு ஒன்றை ஒரு குறிப்பிட்ட செயற்திட்டம், இல்லம் அல்லது நோக்கத்துக்காக வழங்கி உதவுங்கள்.

தன்னார்வலராக இணையுங்கள்

இல்லங்களைப் பற்றிய விழிப்புணர்வூட்டல், தகவல் திரட்டல், அவற்றை தொடர்பு கொண்டு அவற்றின் தேவையறிதல் உட்பட்ட பணிகளை மேற்கொண்டு பங்கேற்க எம்மோடு இணையுங்கள். உங்கள் தன்னார்வப் பணிகள் ஊடாக இலங்கையில் இல்லங்களில் வாழும் சிறுவர் மூத்தோர் வாழ்க்கைகளில் மாற்றைத்தை உருவாக்குங்கள்.

எவ்வாறு நிதியுதவி வழங்கலாம்?

- PayPal : இணைப்பு [PayPal link](#)
- வலைவாசல் letushelpnow.org/donate

கனடா

- eTransfer : நன்கொடையை மின்னஞ்சல் donate@letushelpnow.org க்கு அனுப்பல். அத்துடன் உங்களது பெயர், மின்னஞ்சல், தொலைபேசி விபரங்களையும் பகிரவும். மேலதிக விபரங்களுக்கு letushelpnow.org/donate இணை பார்க்க.
- வங்கி விபரம் : Meridian Account #: 010117998411 Branch/Transit #: 69252 Institution #: 837

இதர நாடுகள்

- தொடர்பு கொள்ளல் பகுதியில் இருக்கும் விபரங்களை பயன்படுத்தி எவ்வாறு உதவலாம் என அறியலாம்.

Lets.Do it

How can I get involved ?

DIRECTLY HELP THE CARE HOMES

Please donate directly to care homes. We have provided information about homes and their needs at letushelpnow.org web portal.

JOIN OUR MONTHLY PROJECTS

Contribute a small donation to support projects meeting urgent needs in care homes.

ONE TIME/HONOUR, MEMORIAL, CELEBRATION CONTRIBUTION

Make a one time/honour, memorial, celebration contribution to help a specific project, home or cause.

BE A VOLUNTEER

From helping us raise awareness about homes through campaigns, to researching homes, to contacting homes to assess their needs, volunteer with LetUsHelpNow to make a difference in the lives of children and elders at care homes in Sri Lanka.

How do I donate ?

- PayPal : Please find the [PayPal link](#)
- Visit letushelpnow.org/donate

CANADA

- eTransfer : Please do an e Transfer to donate@letushelpnow.org with name, email, contact phone number as message. For more detail please visit letushelpnow.org/donate
- Bank Detail : Meridian Account #: 010117998411 Branch/Transit #: 69252 Institution #: 837

OTHER COUNTRIES

- Please check the next page for contact information to find about how you can donate

Listing of Homes

NORTH, EAST, UPCOUNTRY.

Name	District	Address	Phone
Amman Women And Child Development Centre	Ampara	Sagamam Road, Kolavil 01, Akkaraipattu	94 67 490 4955
Hermans Girls Home	Ampara	Kalmunai Road, Periyaneelavanai, Kalmunai	94 76 058 5344
Jesus Lives Girls Home	Ampara	Main street, Kalmunai- 01	94 67 492 1161
Methodist Girls Home	Ampara	Wesly School Road, Kalmunai	94 67 222 9182
RKM Sharatha Girls Home	Ampara	Girls Vidyalaya Road, Karaitivu - 05	94 67 222 3600
Seerpathadevi Children's Development Centre - Veeramunai	Ampara	Kovil Road, Veeramunai - 01, Sammanthurai	94 67 226 1144
Sri Indasara Child Development Centre	Ampara	DK/65, Aralaganvila Road, Dehiattakandiya	94 27 562 2919
St.Mary's Boys Home	Ampara	6 Carmel Fatima College Rd	94 71 354 5782
Swami Vipulananda Children's Development Centre	Ampara	Kurukkal Road, Akkaraipattu 7/2	94 67 227 7514
Canaan Harvest Children's Home	Badulla	No 320/8, 3rd Mile Post, Passara Road, Badulla	94 55 222 6212
Louis Mary Children Development Centre	Badulla	Lowe Viharagala, Nikapotha, Beragala, Badulla, Sri Lanka	94 77 206 1995
Sri Sudarshi School for the Deaf and Blind, Bandarawela	Badulla	Badulla Rd, Ella 90090, Sri Lanka	94 71 659 0117
The Ascension Home	Badulla	Church of the Ascension, Bandarawela	94 57 223 2822
Upcountry children's home	Badulla	19/6, Badulupitiya Road, Badulla	94 55 222 3335
ADVARO Vipulanandhar Welfare Organization	Batticaloa	Main Road, Kurukkal madam, Batticaloa	94 77 611 4482
Arudpany Girls Home	Batticaloa	Beach Road, Navakkuda	94 77 556 6849
Assisi Boys Home	Batticaloa	Main Road, Kurukulmadam	94 65 225 0313
Bethel Boys Children Home	Batticaloa	Zonal Education Office Rd,	94 77 632 8577
Bethel Girls Children Home	Batticaloa	Vipulanada Road, Valichenai	94 77 515 3078
Dharisanam School For Visually Handicapped	Batticaloa	42/32 Swami Nadarajanantha road, Nochchimunai, Batticaloa,	94 77 9594442
Eravur Children Care Home	Batticaloa	Meerakerny Road, Eravur, Batticaloa	94 77 996 6345
Good Shepherd Children's Home, Valaichenai	Batticaloa	Post Office Road, Valaichenai	94 65 225 7400
Hari Boys Home	Batticaloa	New Kalmunai Road, Batticaloa	94 65 222 9653
Jeevananda Girls Home	Batticaloa	Main Road, Pudukuduirippu	94 65 365 0438
London Sivan Kovil Girls Home	Batticaloa	Main Road Settipalayam	94 65 205 6336
Mangayarkarasi Girls Home	Batticaloa	Maruthadi Road, Batticaloa	94 65 205 7310
Manikkavasagar Boys Home	Batticaloa	Palaiyadiithona, Santhiveli, Kiran	94 77 191 3037

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Name	District	Address	Phone
Methodist Girls Home	Batticaloa	Bar Road, Kotamunai	94 65 222 5402
Miani Boys home	Batticaloa	Miyani nagar, Thannamunai, Batticaloa	94 77 459 0298
Miani Girls Home	Batticaloa	Miyani nagar, Thannamunai, Batticaloa	94 77 792 6410
Muslim Child Development Centre - Kattankudy	Batticaloa	Kattankudy 01	94 65 224 5308
Muslim Elders Home, Batticaloa	Batticaloa	Elders home road, kattankudi-01., Batticaloa	94 65 224 7222
Nanthavanam Elders Home, Batticaloa	Batticaloa	Atputhappillayar Road, kaluwanchikudy, Batticaloa	94 75 989 6964
Ozanam Centre	Batticaloa	Sathurukondan, Batticaloa	94 65 365 8636
Pariyowan Boys Home	Batticaloa	Trinco Road, Santhurukondan	94 05 222 2524
Ramakrishna Mission Boys Home	Batticaloa	New kalmunai road, kalladi	94 65 222 2752
Ramakrishna Mission Girls Home	Batticaloa	New kalmunai road, kalladi	94 65 222 2752
Sakthi Girls Home	Batticaloa	Shakthi Home Road, Kaluwanchikudy	94 65 225 0745
Shakthi Girls Home	Batticaloa	Arasadi Thervu, Kokaticholai	94 65 364 2290
Shanthi Bawan Girls Home	Batticaloa	Ghanasooriyam Square, Cross Road, Batticaloa	94 65 222 2524
Spaks Girls Home	Batticaloa	Main Road, Periya Kallaru	94 67 222 1875
St Joseph Elders Home - Batticaloa	Batticaloa	96 Trinco Road, Batticaloa	94 71 851 1951
Swami Vipulananthar Elder Home	Batticaloa	82, Government quaters road, Kallady, Batticaloa	94 65 222 6202
Thilahavathiyar Girls Home, Kathiraveli	Batticaloa	Main Street, Kathiraveli, Vaharai	94 77 457 6340
Thilahawathiyar Girls Home	Batticaloa	Hospital Road, Palukamam	94 65 225 1166
Thirugnanasampanthar Gurukulam	Batticaloa	Main Road, Kaluthavalai	94 65 225 0277
Trust Village Womens Development Centre	Batticaloa	Savukady Rd, Mayilampavelhi, Thannamunai, Batticaloa	94 76 289 6463
Vidhyajothi Boys Home	Batticaloa	Central Road, Batticaloa	94 77 481 6576
Vipulanantha Children Home	Batticaloa	Main Road, Palukamam	94 65 225 1101
Vivehanada Children's Home, Valaichenai	Batticaloa	Rattnam Road, Valaichenai	94 65 205 1442
Yoga Swamy Saiva Girls Children Home	Batticaloa	Main Rd, Siththandi	94 65 205 0420
Forth Square Girls' Child Development Centre	Jaffna	No 35, Sellar Road, Nallur	94 77 064 1109
Hindu Board Boys' Child Development Centre	Jaffna	Kalasalai Road, Thirunelveli, Jaffna	94 77 990 5304
Hindu Board Girls' Child Development Centre	Jaffna	Kalasalai Road, Thirunelveli, Jaffna	94 77 699 2082
Holy Family Girls' Child Development Centre	Jaffna	Mirusuvil South Mirusuvil	94 77 908 1270
Home for the Mentally Challenged Children, The Ark	Jaffna	Uduvil, Chunnakam	94 76 308 4297
Karunai Girls' Child Development Centre	Jaffna	Palaly Road, Urumpirai, East, Urumpirai	94 77 255 4334

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Name	District	Address	Phone
Karunalayam Annai krishnabai Girls' Child Development Centre	Jaffna	No 131, Palaly Road, Thirunelveli	94 77 905 4873
Karunalayam Boys' Child Development Centre	Jaffna	Karanthan, Neerveli	94 77 416 1002
Mother Teresa Amithi Illam - Jaffna	Jaffna	9, Kondavil , Jaffna	94 21 223 0302
Nuffield School for the Deaf and Blind	Jaffna	Nuffield School for the Deaf and Blind, Kaithadi, Jaffna	94 21 22 32202
Sakthy Children Home	Jaffna	Mayavan Kovilady, Karudavil North, Thon-daimanaru, Point Pedro	94 76 592 0327
Sivapoomi Elders Home	Jaffna	Tholpuram.Chulipuram	94 21 225 0085,
Sivapoomi School For Children With Special Needs Intellectuals Disability	Jaffna	Kondavil	94 21 224 9894
SOS Village Child Development Centre	Jaffna	No 219, Nayanmarkaddu, Nallur	94 77 373 3711
Sri Pramanantha Girls' Child Development Centre	Jaffna	Vathiri, Karaveddy, Jaffna	94 77 514 7045
Vaavagham - Home for the visually handicapped	Jaffna	Sabapathipillai Road, Chunnakam	94 21 224 0146
Valluwar Child Development Centre	Jaffna	Vaddukoddai East, Vaddukoddai	94 77 525 9513
Arivucholai Boys' Child Development Centre	Kilinochchi	Thiruvaiaru West Thiruvaiaru	94 21 228 3313
Aropanam Boys' Child Development Centre	Kilinochchi	Uruththirapuram, Kilinochchi	94 21 228 5088
Association to empower the special needs children - ASSETS	Kilinochchi	20/2 Sub Post office road, Unit One, Thiruvaiyaru, Kilinochchi	94 77 509 4390
Gandhi Nilaya Children Home & Training Centre	Kilinochchi	D-8, Uruthirapuram, Kilinochchi	94 21 228 4310
Holy Family Girls' Child Development Centre	Kilinochchi	D-8, Uruthirapuram, Kilinochchi	94 76 685 3115
Killinochchi Special Needs Network - Sri Lanka	Kilinochchi	Malayapuram South, Karachi, Killinochchi	94 76 657 2395
Mahadeva Saiva Boys' Child Development Centre	Kilinochchi	Puthumurippu, Kilinochchi	94 21 492 3121
Mahadeva Saiva Girls' Child Development Centre (11 – 18 Years)	Kilinochchi	Jeyanthinagar, Kilinochchi	94 21 492 3119
Mahadeva Saiva Girls' Child Development Centre (6 – 10 Years)	Kilinochchi	Jeyanthinagar, Kilinochchi	94 21 492 3118
Paralyses Nursing Home, Kilinochchi	Kilinochchi	Kanakambikaikulam, Kilinochchi	94 77 227 3774
Senchulai Boys' Child Development Centre	Kilinochchi	Thiruvaiaru, Kilinochchi	94 76 536 8308
Senchulai Girls' Child Development Centre	Kilinochchi	Thiruvaiaru, Kilinochchi	94 71 535 4504
Trist Children's Home	Kilinochchi	Ramanathapuram	94 21 206 0694
Yoga swamigal thiruvadi nilaiya home for the aged	Kilinochchi	Vannerikulam, Kilinochchi	94 76 709 9162

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Name	District	Address	Phone
Annai Girls' Child Development Centre	Mannar	Uppukulam, Mannar	94 23 222 2483
Anpu sakotharar Boys' Child Development Centre	Mannar	Keeri, Mannar	94 77 534 4427
Sepamalai Mariyannai Irakathin Girls' Child Development Centre	Mannar	Pesalai, Mannar	94 23 205 0095
Sivanarul Boys' Child Development Centre	Mannar	Thiruketheeswaram, Mannar	94 23 205 0805
Sivanarul Girls' Child Development Centre	Mannar	Thiruketheeswaram, Mannar	94 23 2050 804
Vetijin Nalnampikai illam/ Good Faith Home of Victory	Mannar	No 43, Convent Road, Pattah, Mannar	94 23 2222 545
WECAN Person With Disability Creative Job	Mannar	Vettaya muripu, Adampan, Mannar	94 77 6576 807
Saradha mission Child Development Centre	Matale	Kirigalpotta, Matale	94 66 205 1721
Sjaloom Children Home	Matale	No 64, Ambanganaga, Kawatayamuna, Kawdupellela, Sri Lanka	94 71 856 8635
St.Francis Child Development Centre	Matale	90 Vihaara Rd, Matale	94 66 223 4092
Ravishankar Children home	Monaragala	2 1/2 Mile post, Ella road, Wellawaya, Monaragala	94 55 227 4962
Anpu Boys' Child Development Centre	Mullaitivu	Muthu Vinayagar Puram, Oddusuddan, Mullaitivu	94 71 535 4502
Bharathy Girls' Child Development Centre	Mullaitivu	Putharikuda, 4th ward, Mulliyavalai, Mullaitivu	94 71 535 4501
Good Shepherd Child Development Centre, Mankulam	Mullaitivu	Jaffna Road, Mankulam	94 21 206 0037
Iniya Vazhvu Illam	Mullaitivu	A Division , Thevipuram, Puthukkudiy-iruppu	94 21 206 1949
Ladani Girls' Child Development Centre	Mullaitivu	Silawaththai, Mullaitivu	94 21 229 1966
Pari Girls' Child Development Centre	Mullaitivu	Mulliyavalai, Mullaitivu	94 21 206 1034
Bishop Daniel Boys Home	Nuwara Eliya	4/1, 3rd Lane, Abeypure Rd, Kalukelle, Nuwara Eliya	94 71 204 5021
Happy home Child Development Centre	Nuwara Eliya	Wanigasekarapura, Kotagala	94 51 224 4174
Maranatha Child Development Centre	Nuwara Eliya	124/3 Nursing home road, Hatton	94 51 222 2489
Rainbow Child Development Centre	Nuwara Eliya	Drayton Estate, Kotagala	94 77 532 1680
Shalom Child Development Centre	Nuwara Eliya	Lackam Estate, Maskeliya	94 52 227 7222
Annai Saratha Children Home	Trincomalee	Mallihaitheevu, Muthur	94 26 205 4506
Anpu Illam	Trincomalee	167, Central Rd, Trincomalee	94 26 222 1214
Foursquare Home	Trincomalee	707 Anpuvalipuram	94 26 222 7170
Grace Girls Home	Trincomalee	3rd Mile Post, Cholaiyadi, Uppuveli	94 26 722 3644
Hasanath Boys Home	Trincomalee	Kurinchakerny, Kinniya	94 26 223 6135

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Name	District	Address	Phone
Hassanath Girls Home	Trincomalee	Kurinchakerny, Kinniya	94 26 223 6135
HOPE Organization	Trincomalee	Urban Council Quarters (UC), No-10, Power house road, Trincomalee	94 76 329 3125
Karuna Nivasa	Trincomalee	Linganagar, Trincomalee	94 26 222 1374
My Father's House Boys Children Home	Trincomalee	46, Kandasamy Rd, Trincomalee	94 26 222 6861
Rawlathul Athfal Child Development Centre	Trincomalee	PMB Rice Mill, Muthur	94 77 934 7438
Rewatha Child Development Centre	Trincomalee	5th Post, Kandy Rd, Trincomalee	94 26 224 2328
Sahana Sewana - Rehabilitation And Training Of Disabled Persons	Trincomalee	Sahana Sewana, Serunuwara, Trincomalee	94 76 713 5757
Sivananda Thapovanam Boys Home	Trincomalee	Thirukadaloor, Trincomalee	94 26 222 1469
Sivayogasamayam Swami Gangadaranantha Children Home	Trincomalee	64 Main Street, Trincomalee	94 26 222 2049
Sri shanmuga Boys Home	Trincomalee	294 inner Harbor Rd, Trincomalee	94 26 567 0234
Sri Shanmuga Girls Home	Trincomalee	57, Viddyalaya Rd, Trincomalee	94 26 222 2521
St Joseph Elders Home - Trincomalee	Trincomalee	Uppuveli 3rd mile post, Trincomalee	94 262 222 855
Deva Anpu children Home	Vavuniya	Thiththikulam, Murunkanoor, Vavuniya	94 24 4921 859
Hindu Anpakam Children Home	Vavuniya	Mannar Road, Veppankulam, Vavuniya	94 24 222 3683
Mother Teresa Elder Home	Vavuniya	Pampaimadu, Vavuniya	94 24 205 4494
Salvatorian Girls Home	Vavuniya	Iluppaikulam, Neriyaikulam, Cheddikulam	94 24 324 4577
Sivan Elders Home	Vavuniya	Ellappar Marutham kulam	94 24 222 1685
Sri Ahilandeswary Children Home	Vavuniya	Kovilkulam, Vavuniya	94 24 222 1685
Thangamma Elders Home	Vavuniya	No. 1 Puthukulam Road, Puthukulam, Kanagarayankulam, Vavuniya	94 76 248 2766
Organization for Rehabilitation of the Handicapped (ORHAN)	Vavuniya	2nd Lane, Balavinayagar Road, Thavasi-kulam, Vavuniya	+94 24 205 1204

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